Children's Lightouse Cross Creek Ranch

Week A Menu



Weekday	AM Snack	Lunch	PM Snack
Monday	French Toast Sticks	Cheese Pizza, Corn, and Peaches	Vanilla Wafers and Pudding
Tuesday	Biscuits with Grape Jelly	Spaghetti with Meatballs, Mixed Veggies, and Mandarin Oranges	String Cheese and Saltine Crackers
Wednesday	Yogurt & Graham Crackers	Spanish Rice, Seasoned Chicken, and Pears	Pretzels
Thursday	Seasoned Potato Puffs	Mac N' Cheese, Baked Beans, and Mandarin Oranges	Goldfish
Friday	Waffles with Syrup	Chicken Tacos, Black Beans and Pineapples	Animal Crackers

Vegetarian adjustment	No red meat adjustment	
No adjustment	No adjustment	
No adjustment	No adjustment	
Replace Chicken with Baked Beans	No adjustment	
No adjustment	No adjustment	
Omit Chicken	No adjustment	

Week B Menu



Weekday	AM Snack	Lunch	PM Snack
Monday	Pancakes with Syrup	Chicken Alfredo, Broccoli, and Pineapple	Graham Crackers
Tuesday	Soft Fruit Cereal Bar	Meatballs with Gravy, Mashed Potatoes, and Apples (Applesauce)	Goldfish
Wednesday	Muffins	Fish Sticks, Corn, and Peaches	String Cheese and Saltine Crackers
Thursday	French Toast	Chicken Sandwich, French Fries, Fresh Bananas	Pudding with Vanilla Wafers
Friday	Waffles with Syrup	Beef Ravioli, Mixed Veggies, and Mandarin Oranges	Fig Bar

	4 THO	
Vegetarian adjustment	No red meat adjustment	
Omit Chicken	No adjustment	
Omit Meatballs	Omit Meatballs	
Replace Chicken with Baked Beans	No adjustment	
Replace chicken with cheese	No adjustment	
Omit Meatballs	No adjustment	

Week C Menu



Weekday	AM Snack	Lunch	PM Snack
Monday	Bagel with Cream Cheese	BBQ Pulled Pork Sandwich, Baked Beans, and Apples (Applesauce)	Pretzels
Tuesday	Pancakes with Syrup	Cheese Pizza, Mixed Veggies, and Pears	Animal Crackers
Wednesday	Seasoned Potato Puffs	Beef & Cheese Burrito, Sweet Corn, and Fresh Bananas	Pudding with Vanilla Wafers
Thursday	Biscuits with Eggs	Mozarella Sticks with Marinara Sauce, Broccoli, and Pineapple	Cheez-it Crackers
Friday	French Toast Sticks	Chicken Nuggets, Carrots, and Peaches	Soft Fruit Cereal Bar

	THO	
Vegetarian adjustment	No red meat adjustment	
Omit Egg	Replace pulled pork with chicken patty	
No adjustment	No adjustment	
Replace Chicken with Baked Beans	No adjustment	
No adjustment	No adjustment	
Replace Chicken Nuggets with Mozarella Sticks	No adjustment	