



What's On the Menu?

Early morning snack is served from 6:00 a.m. - 7:30 a.m.

Week 3			
	Breakfast	Lunch	PM Snack
Monday	French Toast Fruit Cocktail Milk	Spaghetti w/ Meatballs Pears Milk	Ritz Crackers Cheese Cubes Water
Tuesday	Bagels W/ Cream Cheese Pears Milk	BBQ Chicken Sliders Sweet Potato Tots Peaches Milk	Graham Crackers Water
Wednesday	Fruit Loops/Cheerios Mandarin Oranges Milk	Chicken Nuggets Peas and Carrots Mixed Fruit Milk	Animal Crackers Water
Thursday	Sausage English Muffins Milk	Chicken Quesadilla Spanish Rice Oranges Milk	Cucumbers/Carrot Sticks w/ Ranch Water
Friday	Cheese Toast Strawberries Milk	Turkey Sausage Pizza Corn Bananas Milk	Whole Wheat Goldfish Water

All meals are baked, not fried
 Proteins include chicken, turkey and cheese
 Milk is served at breakfast and lunch (*whole milk for children 12 – 24-month*)
 Water is available through the day and offered with each meal
 Vegetarian meal options available
 Fresh fruits served when possible