



# What's On the Menu?

Early morning snack is served from 6:00 a.m. - 7:30 a.m.

Week 2			
	Breakfast	Lunch	PM Snack
Monday	Fruit Loops/Cheerios Pineapples Milk	Mac & Cheese Peas and Carrots Fresh Fruit Milk	Graham Crackers Water
Tuesday	Biscuit Turkey Sausage Milk	Chicken Nuggets Green Beans Mashed Potatoes Milk	Animal Crackers Water
Wednesday	Oatmeal Strawberries Milk	Beef Sliders Smiley Face Fries Fruit Cocktail Milk	Whole Grain Goldfish Water
Thursday	Waffles Strawberries Milk	Chicken Fajita Tacos Spanish Rice Peaches Milk	String Cheese Crackers Water
Friday	Cinnamon Rolls Banana Milk	Turkey/Cheese Roll Ups Carrots Fresh Fruit Milk	Whole Wheat Cheese Its Water

All meals are baked, not fried  
 Proteins include chicken, turkey and cheese  
 Milk is served at breakfast and lunch (*whole milk for children 12 – 24-month*)  
 Water is available through the day and offered with each meal  
 Vegetarian meal options available  
 Fresh fruits served when possible