

# INFANT & TODDLER 2021-2022 CALENDAR-AT-A-GLANCE

	SEPTEMBER 2021										
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3	20	21	22	23	24	COOPERATION					
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INF-Big & Little TOD-Little Animals

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3	18	19	20	21	22	HELPFULNESS
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INF-Cars, Trucks, & Trains TOD-Wheels

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INF-Storybook Classics TOD-Storybook Characters

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INF-Sounds TOD-My Neighborhood

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INF-Competent Me TOD-Space

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4	21	22	23	24	25	TRUTHFULNESS
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INF-Windows, Walls, Doors, & Hallways TOD-Sky

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INF-Senses TOD-Fruits & Vegetables

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3	18	19	20	21	22	RESPONSIBILITY
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INF-Bubbles, Mud, & Puddles TOD-Construction

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INF-Me TOD-Me & My Body

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INF- Mommies & Daddies TOD-My Family

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3	18	19	20	21	22	GOOD CITIZENS
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INF-Inside/Outside TOD-Water

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INF-Open & Close TOD-Big Animals

#### SPECIAL EVENTS:

September
St. Jude Walk/Run
October
Halloween e-Cards for St. Jude's
February
St. Jude Trike-A-Thon



### CLOSED IN OBSERVANCE OF THE FOLLOWING HOLIDAYS:

Labor Day (9/6) Thanksgiving Day (11/25)

Day after Thanksgiving (11/26) Christmas Federal Holiday (12/24) New Year's Federal Holiday (12/31) Memorial Day (5/30)



## Toddler Parent Curriculum Information Month: September Unit: Little Animals

#### **Supporting Brain Development at Home:**

What kinds of experiences do the best job of supporting brain development? Time, touch, talk, and training are the important sources of brain growth and development.

- Time- Consistent, warm, responsive caregiving is so important to children's brains during the first three years. As every toddler parent knows, responsive caregiving takes time and can't be rushed. Investing in the time it takes to make mealtime an interactive, warm experience is not a waste of time. It is a wonderful way to develop young children's brains.
- Touch- The very young child takes in experience through all the senses- touch, taste, smell, sight, and sound. The brain picks up powerful messages from touch. Taking the time to hold your child, spending time being gently physical with toes, fingers, arms and legs; touching the body to send positive messages to the developing pathways of the brain are all teaching at its best. Remember that touch is a powerful form of communication. Warm and soft touches send very different messages from rough insensitive touches. Spend time with your child stretching, wiggling, reaching to improve the communication between areas of the brain, which coordinate these skills. Holding hands is a powerful touching experience as toddlers walk around with your warm support.
- Talk- Pay attention to communication- Repetition forms connections in the brain as children are communicating all the time. The challenge is to read the verbal and nonverbal cues and interpret them accurately. Talk to your child. Describe what you are doing as you do it. "I'm going to get your pajamas now. Its almost time for your bath". Narrate what you see your child doing as he or she does it. "You see the bird! The red bird is flying to the nest!" Respond to what your child says, even if your child's articulation isn't always understandable. Tell your toddler to try again if you didn't understand and if that doesn't work, ask him or her to point, show you, or take you to what he or she is talking about.
- Training- The brain's connections are easily disconnected or abandoned if they are not stimulated. So very young children need lots of practice. Your toddler will like doing things again and again. In fact, this repetition is sometimes a frustrating part of parenting because children like to do both fun and interesting things again and again and irritating and inappropriate things again and again! At least viewing this repetition as brain training helps parents embrace and tolerate it. Experiences that happen many times make connections, communication and coordination among the areas of the brain

### Concepts Learned in Little Animals

Bunnies are soft animals.
Bunnies hop and eat carrots.
Bunnies have long ears.
Monkeys are funny and swing from trees.
Monkeys live in trees.
Monkeys eat fruit.
Mice scurry very fast.
Mice are very small animals.
Mice have long tails.
Mice hide in holes.

Turtles love inside a hard shell.
Turtles are brown and green.
Turtles crawl slowly.
Some animals have hard shells.
Some animals feel soft and fluffy.
I can swing my arms like a monkey.
I can hop like a bunny.
I can crawl like a turtle.
All animals eat food.
All animals play.
Cotton balls are soft like a bunny.
I can make silly faces.
I can play follow-the-leader games.