

Snack Menu

NO FRIED FOODS!!

Monday, September 2, 2024	Tuesday, September 3, 2024	Wednesday, September 4, 2024	Thursday, September 5, 2024	Friday, September 6, 2024
Happy Labor Day!	Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Banana Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Pears V, Vegan, DF, EF, GF	Maple Mini Waffles and Mango Chunks V <u>Vegan, DF, EF, GF: Rice Chex</u>
	HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Wisconsin Cheese Curds and Veggie Straws V, EF, GF <u>DF, Vegan: Applesauce</u>	Croissant and Honeydew V <u>Vegan, DF, EF, GF: Veggie Straws</u>	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, September 9, 2024	Tuesday, September 10, 2024	Wednesday, September 11, 2024	Thursday, September 12, 2024	Friday, September 13, 2024
HOK Granola Cereal and Blueberry Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK French Toast and HOK Peach Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pineapple Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Strawberry Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Chickpea Puffs V, EF, GF <u>Vegan, DF: Applesauce</u>	Pretzel Bites and HOK Cheese Dip V, EF <u>GF: GF Pretzels DF, Vegan: Sunbutter</u>	Cucumbers and HOK Dilly Dip V, EF, GF <u>Vegan, DF: HOK Hummus</u>	HOK Pumpkin Bread and Cantaloupe V, DF <u>Vegan, EF, GF: Snap Pea Crisps</u>
Monday, September 16, 2024	Tuesday, September 17, 2024	Wednesday, September 18, 2024	Thursday, September 19, 2024	Friday, September 20, 2024
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Banana Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Cantaloupe V, Vegan, DF, EF, GF	Maple Mini Waffles and HOK Blueberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pear Bread and Mango Chunks V, DF <u>Vegan, EF, GF: Rice Chex</u>
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Corn Tortilla</u>	Wisconsin Cheese Curds and Veggie Straws V, EF, GF <u>DF, Vegan: Applesauce</u>	HOK Carrot & Zucchini Bars and Apple Slices V, DF <u>Vegan, EF, GF: Chickpea Puffs</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Chips and HOK Cheese Dip V, EF, GF <u>DF, Vegan: HOK Salsa</u>
Monday, September 23, 2024	Tuesday, September 24, 2024	Wednesday, September 25, 2024	Thursday, September 26, 2024	Friday, September 27, 2024
HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK French Toast and HOK Vegan Apple Butter V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Strawberry Banana Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Peach Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Chickpea Puffs V, EF, GF <u>Vegan, DF: Applesauce</u>	Pretzels and HOK Sunbutter V, Vegan, DF, EF <u>GF: GF Pretzels</u>	HOK Ranch and Cucumbers V, GF <u>Vegan, DF, EF: White Bean Dip</u>	HOK Apple Butter Bread and Cantaloupe V, DF <u>Vegan, EF, GF: Snap Pea Crisps</u>