



# September 2023 Menu

| AM Snack   | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | PM Snack   |
|--|--|--|--|---|--|--|
| <b>Mon- School Closed</b><br><b>Tues-</b> French Toast, Milk<br><b>Wed-</b> Biscuit's w/ Jelly, Hash Brown, Milk<br><b>Thurs-</b> Cereal, Fruit & Milk<br><b>Fri-</b> Danish, Milk                           | <b>4</b><br><b>School Closed</b><br><b>Happy Labor Day!</b>  | <b>5</b><br>Chicken & Cheese Quesadilla<br>Corn<br>Mandarin Oranges<br>Milk<br><i>*Cheese Quesadilla</i> | <b>6</b><br>Chicken Sandwich<br>Tater Tots<br>Tropical Fruit<br>Milk<br><i>*Veggie Burgers</i>               | <b>7</b><br>Cheese Pizza<br>Cucumber's w/ Ranch<br>Pears<br>Milk  | <b>8</b><br>Fish Sticks<br>Macaroni & Cheese<br>Green Beans<br>Peaches, Milk<br><i>*Mac &amp; Cheese</i> | <b>Mon- School Closed</b><br><b>Tues-</b> String Cheese & Crackers<br><b>Wed-</b> Pretzels<br><b>Thurs-</b> Blueberry Bar<br><b>Fri-</b> Chef's Choice |
| <b>Mon-</b> Blueberry Muffins, Milk<br><b>Tues-</b> Bagel's w/ Cream Cheese, Milk<br><b>Wed-</b> French Toast Sticks w/ Syrup, Milk<br><b>Thurs-</b> Cereal & Milk<br><b>Fri-</b> Sausage Biscuit            | <b>11</b><br>BBQ Chicken<br>Ranch Style Beans<br>Pineapples<br>Milk<br><i>*Plant based meatballs</i>         | <b>12</b><br>Tomato Soup<br>Cheesy Naan Bread<br>Mandarin Oranges<br>Milk                                | <b>13</b><br>Barbeque Sandwich<br>Sliced Pickles<br>Baked Beans<br>Peaches<br>Milk<br><i>*Veggie Burgers</i> | <b>14</b><br>Meatballs w/Gravy<br>Mashed Potatoes<br>Green Beans<br>Peaches, Milk<br><i>*Veggie Meatballs</i> | <b>15</b><br>Cheese Ravioli<br>Green Beans<br>Pears<br>Milk  | <b>Mon-</b> Goldfish<br><b>Tues-</b> Cheez-itz<br><b>Wed-</b> Blueberry Bar<br><b>Thurs-</b> Teddy Grahams<br><b>Fri-</b> Strawberry Chex Mix          |
| <b>Mon-</b> Omelet, Milk<br><b>Tues-</b> Bagel's w/ Cream Cheese, Milk<br><b>Wed-</b> Danish & Milk<br><b>Thurs-</b> Turkey Sausage, Hash Brown, Milk<br><b>Fri-</b> Cereal, Fruit & Milk                    | <b>18</b><br>Dino Nuggets<br>Mixed Veggies<br>Mandarin Oranges<br>Milk<br><i>*Veggie Nuggets</i>             | <b>19</b><br>Chicken & Cheese Crispitos<br>Spanish Rice<br>Mandarin Oranges<br><i>*Cheese Quesadilla</i> | <b>20</b><br>Hamburger<br>Sweet Potato Fries<br>Peaches, Milk<br><i>*Veggie Burgers</i>                      | <b>21</b><br>Cheese Pizza<br>Cucumber's w/ Ranch<br>Pears<br>Milk   | <b>22</b><br>Grilled Chicken Sandwich<br>Tater Tots<br>Peaches, Milk<br><i>*Veggie Burgers</i>           | <b>Mon-</b> Pretzels<br><b>Tues-</b> Cheese Stick & Crackers<br><b>Wed-</b> Blueberry Bar<br><b>Thurs-</b> Chef's Choice<br><b>Fri-</b> Goldfish       |
| <b>Mon-</b> Blueberry Muffins, Milk<br><b>Tues-</b> Bagel's w/ Cream Cheese, Milk<br><b>Wed-</b> Waffles with Syrup, Milk<br><b>Thurs-</b> Turkey Sausage, Biscuit, Milk<br><b>Fri-</b> Cereal, Fruit & Milk | <b>25</b><br>Sweet & Sour Chicken<br>Fried Rice<br>Mandarin Oranges<br>Milk<br><i>*Plant based meatballs</i> | <b>26</b><br>Burrito<br>Spanish Rice<br>Mandarin Oranges<br><i>*Cheese Quesadilla</i>                    | <b>27</b><br>Chicken Alfredo<br>Mixed Vegetables<br>Peaches<br>Milk<br><i>*Veggie Burgers</i>                | <b>28</b><br>Turkey & Cheese Wrap<br>Cucumbers<br>Strawberries<br>Milk<br><i>*Veggie Burger</i>               | <b>29</b><br>Cheese Ravioli<br>Green Beans<br>Pears<br>Milk  | <b>Mon-</b> Graham Crackers<br><b>Tues-</b> Animal Crackers<br><b>Wed-</b> Cheez-itz<br><b>Thurs-</b> Teddy Grahams<br><b>Fri-</b> Goldfish            |

***\*Fresh Fruit Served Daily with all Snacks***