

Snack Menu

NO FRIED FOODS!!

Monday, August 30, 2021	Tuesday, August 31, 2021	Wednesday, September 1, 2021	Thursday, September 2, 2021	Friday, September 3, 2021
HOK WG Cinnamon Bread and Market Fruit V	HOK WG Granola Cereal and HOK Yogurt V, EF, GF	HOK WG Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Biscuits and Gravy EF	HOK WG Apple Bar and Market Fruit V, EF
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Tomato Wedges V, EF, GF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Spinach Dip V
Monday, September 6, 2021	Tuesday, September 7, 2021	Wednesday, September 8, 2021	Thursday, September 9, 2021	Friday, September 10, 2021
Happy Labor Day!	Bagels and Cream Cheese V, EF	HOK WG French Toast and HOK Compote V	HOK Cheddar Biscuit and Market Fruit V, EF	HOK Yogurt and Market Fruit V, EF, GF
	HOK Applesauce and Graham Crackers V, DF, EF	HOK Ranch, Cucumbers, and Flatbread V	Pretzels and HOK Sunbutter V, Vegan, DF, EF	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, September 13, 2021	Tuesday, September 14, 2021	Wednesday, September 15, 2021	Thursday, September 16, 2021	Friday, September 17, 2021
HOK WG Fruit Muffin and Market Fruit V	HOK WG Granola Cereal and HOK Yogurt V, EF, GF	HOK WG Oatmeal and Market Fruit V, Vegan, DF, EF, GF	Turkey Ham and Cheese Biscuits EF	HOK WG Banana Bar and Market Fruit V, EF
HOK Hummus and Pita V, Vegan, EF, DF	Cheese Cubes and Tomato Wedges V, EF, GF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Spinach Dip V
Monday, September 20, 2021	Tuesday, September 21, 2021	Wednesday, September 22, 2021	Thursday, September 23, 2021	Friday, September 24, 2021
HOK WG Cinnamon Bread and Market Fruit V	Bagels and Cream Cheese V, EF	HOK WG Pancakes and HOK Compote V	HOK Cheddar Biscuit and Market Fruit V, EF	HOK Yogurt and Market Fruit V, EF, GF
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Tomato Wedges V, EF, GF	HOK Ranch, Cucumbers, and Flatbread V	Pretzels and HOK Sunbutter V, Vegan, DF, EF	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, September 27, 2021	Tuesday, September 28, 2021	Wednesday, September 29, 2021	Thursday, September 30, 2021	Friday, October 1, 2021
HOK WG Fruit Muffin and Market Fruit V	HOK WG Granola Cereal and HOK Yogurt V, EF, GF	HOK WG Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Biscuits and Gravy EF	HOK WG Apple Bar and Market Fruit V, EF
HOK Hummus and Pita V, Vegan, EF, DF	Turkey Cubes and HOK Applesauce DF, EF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Spinach Dip V

WG = Whole Grain

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