



September

Monday 9/2	Tuesday 9/3	Wednesday 9/4	Thursday 9/5	Friday 9/6
 <p>Monday 9/2</p> <p>Breakfast: Sausage Pancake stick w/Banana Lunch: WG turkey corn dogs, Carrots and peaches Snack: Sunchips and fruit</p>	<p>Tuesday 9/3</p> <p>Breakfast: French toast w/berries Lunch: Chicken nuggets, green beans, wheat bread and Mandarin oranges Snack: Goldfish pretzel and sun butter</p>	<p>Wednesday 9/4</p> <p>Breakfast: Veggie sausage & Fruit Lunch: Whole wheat pasta w/meat sauce, Salad and pears Snack: veggie crackers & fruit</p>	<p>Thursday 9/5</p> <p>Breakfast: Oatmeal w/ Blueberries Lunch: National Cheese Pizza day on whole wheat crust w/Mixed veggies and peaches Snack: Animal Crackers & fruit</p>	<p>Friday 9/6</p> <p>Breakfast: Cheese Toast & mixed fruit Lunch: Ham & cheese wrap, Fresh fruit and veggie straws Snack: Pretzels & Cheese</p>
<p>Monday 9/9</p> <p>Breakfast: Sausage Pancake stick w/Banana Lunch: WG turkey corn dogs, Carrots and peaches Snack: Sunchips and fruit</p>	<p>Tuesday 9/10</p> <p>Breakfast: Yogurt w/granola & Blueberries Lunch: Beef Ravioli green beans, wheat bread Pears Snack: Whole grain baked cheetos & fruit</p>	<p>Wednesday 9/11</p> <p>Breakfast: French toast w/ Strawberries Lunch: Chicken fajitas on whole wheat tortillas w/refried beans, Salad & Mandarin oranges Snack: Rice cakes and fruit</p>	<p>Thursday 9/12</p> <p>Breakfast: Sausage, Tortilla & peaches Lunch: Grilled cheese on wheat, Mixed veggies and Appleslices Snack: Graham crackers & fruit</p>	<p>Friday 9/13</p> <p>Breakfast: Muffins & Mandarins Lunch: Chicken enchilada casserole, Broccoli & Pineapples Snack: Mixed berries & cheese cubes</p>
<p>Monday 9/16</p> <p>Breakfast: Bagel w/ fruit spread Lunch: Chili Mac, buttered bread, Salad and pears Snack: Ritz cracker and cheese</p>	<p>Tuesday 9/17</p> <p>Breakfast: Cereal and banana Lunch: Chicken patty on wheat bun, broccoli and appleslices Snack: Carrot chips and hummus</p>	<p>Wednesday 9/18</p> <p>Breakfast: Muffins & pears Lunch: Turkey, Rice w/ Broccoli, wheat bread and Mixed fruit. Snack: Animal crackers and apples</p>	<p>Thursday 9/19</p> <p>Breakfast: Cheese toast & peaches Lunch: Fish sticks, mash potatoes, wheat bread and applesauce Snack: Oatmeal cookie and juice</p>	<p>Friday 9/20</p> <p>Breakfast: Waffles & Strawberries Lunch: Cheeseburger on wheat tator tots and Pineapples Snack: multigrain crisps and cheese</p>
<p>Monday 9/23</p> <p>Breakfast: French toast w/ fruit Lunch: National Pot pie day, Chicken Pot pie, Broccoli, wheat bread and Mandarin oranges Snack: Goldfish pretzel and sun butter</p>	<p>Tuesday 9/24</p> <p>Breakfast: Yogurt w/granola & Strawberries Lunch: Turkey & cheese on wheat, fresh fruit and veggies Snack: Chex mix and fruit</p>	<p>Wednesday 9/25</p> <p>Breakfast: Biscuit w/ Fruit jam Lunch: Mac n cheese w/ham, Mixed veggies and peaches Snack: oranges and veggie crackers</p>	<p>Thursday 9/26</p> <p>Breakfast: English Muffins w/ Mandarin Oranges Lunch: Chicken fried rice, Broccoli, wheat bread and mixed berries Snack: Cheez-it and fruit</p>	<p>Friday 9/27</p> <p>Breakfast: WG turkey sausage breakfast pizza & mixed fruit Lunch: Salisbury steak, Wheat bread, corn & pears Snack: Veggie straws & apples</p>
<p>Monday 9/30</p> <p>Breakfast: Cereal and banana Lunch: Turkey hotdogs on wheat bun, Peas & Pineapples Snack: Teddy grahams & fruit</p>				

milk served w/ breakfast and Lunch

water served with snack