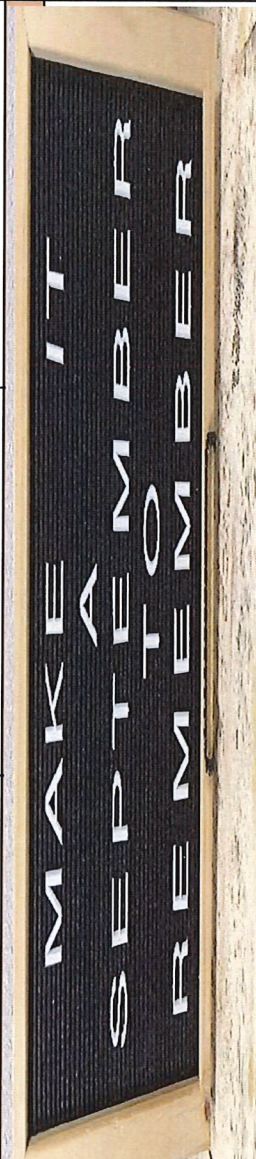




Monday 9/1	Tuesday 9/2	Wednesday 9/3	Thursday 9/4	Friday 9/5
 breakfast: Cereal and banana Lunch: Mac n cheese w/ ham, wheat bread, peas and pineapples snack: Rice cakes & fruit	breakfast: Cereal and banana Lunch: Mac n cheese w/ ham, wheat bread, peas and pineapples snack: Rice cakes & fruit	Breakfast: Pancakes & fruit Lunch: Meatballs, wheat bread, carrots and apple slices Snack: Chex mix and fruit	Breakfast: Bagels w/ fruit spread Lunch: Bean & cheese Burrito, spanish rice and Mandarin oranges snack: Wheat cracker and sun butter	Breakfast: Muffins & Peaches Lunch: Fish sticks, wheat bread, corn and applesauce Snack: Baked cheetos & fruit
Monday 9/8	Tuesday 9/9	Wednesday 9/10	Thursday 9/11	Friday 9/12
Breakfast: Biscuit & Strawberries Lunch: WG Turkey corn dogs, peas and mixed fruit Snack: Oatmeal cookies & fruit	Breakfast: Yogurt, granola & berries Lunch: WG Pepperoni Pizza stix, salad and strawberries Snack: Sunchips & Apple juice	breakfast: Cereal & banana lunch: Chicken fried Rice, Broccoli pineapples snack: Veggie chips & fruit	Breakfast: French toast w/ Mixed berries Lunch: Cheese Ravioli, Carrots, wheat bread and pears Snack: Animal crackers and fruit	Breakfast: Oatmeal w/ fruit Lunch: Chicken nuggets, green beans , wheat bread and peaches Snack: Ritz crackers and cheese cubes
Monday 9/15	Tuesday 9/16	Wednesday 9/17	Thursday 9/18	Friday 9/19
Breakfast: Apple Muffins & Pears Orange chicken, Brown rice, broccoli and mandarin oranges Snack: Teddy grahams & fruit	breakfast: Sausage patty, Wheat toast & fruit lunch: Beef fingers, corn wheat bread and Pears snack: oranges and ritz crackers	breakfast: Cereal and fruit lunch Cheese Quesadillas, spanish rice w/tomatoes and Mixed fruit snack: Pretzel & cheese cubes	Breakfast: Eng. Muffins w/ fruit Lunch: Beef tacos w/lettuce & tomato, pinto beans and mandarin oranges Snack: Celery sticks & sun butter	Breakfast: Waffles & berries Lunch: Turkey hotdogs, ww bun, green beans and peaches Snack: Goldfish & Grape Juice
Monday 9/22	Tuesday 9/23	Wednesday 9/24	Thursday 9/25	Friday 9/26
breakfast: Pancake on stick w/ fruit lunch: Grilled cheese on wheat, Green beans and pears snack: Cheez-it & juice	breakfast: Bagel & Fruit spread lunch: Chicken Parmesan, wheat bread, Salad and Mixed fruit snack: Baked chips & apple juice	breakfast: French toast & fruit lunch: Cheeseburger on wheat tator tots and peaches snack: multigrain crisps and queso	breakfast: Yogurt w/ granola & fruit lunch: Chicken & cheese wraps w/ lettuce, tomatoes and mixed fruit snack: Veggie straws & fruit	Breakfast: Cheese toast & fruit lunch: Beef enchilada, refried beans, corn and pineapples snack: Townhouse crackers & cheese
Monday 9/29	Tuesday 9/30			
Breakfast: Sausage, tortilla & fruit Lunch: Wheat Pasta w/ meat sauce, carrots and Peaches Snack: Pita chips & hummus	Breakfast: Waffles & berries Lunch: Turkey & cheese on wheat bread, lettuce, tomato and Appleslices Snack: Chex mix & fruit			

milk served w/ breakfast and Lunch

water served with snack