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| **Morning Snack**  Served with Fresh Fruit | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Afternoon Snack** |
| **Mon.-** Whole Wheat Toast w/pineapples  **Tues.-** French Toast Sticks w/pears  **Wed.-** Cinnamon Raisin Bread w/apple sause  **Thurs.-** Vanilla Yogurt w/mixed berries  **Fri.-** Whole Wheat Pancakes w/bananas | **2** | **3**  Chicken and Rice  Broccoli  pears  \*Veggie Chicken | **4**  Cheese Quesadilla  Carrots, Beans  Apple sauce | **5**  Chicken Tetrazzini  Green Peas  apples  \*Veggie Chicken | **6**  Cheeseburger,  Mixed Veggies  Mixed Fruit | **Mon.-** Cheese Itz w/apples  **Tues.-** club crackers w/bananas  **Wed.-** Wheat Thins w/oranges.  **Thurs.-** Animal Crackers w/bananas  **Fri.-** Saltine Crackers w/oranges |
| **Mon.-** Multigrain Bars w/pineapples  **Tues.-** Cornbread w/applesauce  **Wed.-** Cheerios & Raisins w/pears  **Thurs.-** Blueberry Muffins w/apples  **Fri.-** Whole Wheat Waffles w/bananas | **9**  Chicken Sandwich  Broccoli  Melons  \*Veggie Chicken | **10**  Cheese Ravioli, Corn,  pears  \*Cheese Ravioli | **11** Chicken Quesadilla  Green Beans  Pineapple  \*Cheese Quesadilla | **12**  Mac N Cheese  Green Peas  apples  \*Mac N Cheese | **13**  Cheese Pizza  Mixed Veggies  Mixed Fruit | **Mon.- Ritz** Crackers w/apples  **Tues.-** Graham Crackers w/bananas  **Wed.-** Animal Crackers w/oranges  **Thurs.-** Trail Mix w/bananas  **Fri.-** Sweet Potato Crackers w/oranges |
| Mon.- Whole Wheat Toast w/pineapples  Tues.- French Toast Sticks w/pears  Wed.- Cinnamon Raisin Bread w/apple sause  Thurs.- Vanilla Yogurt w/mixed berries  Fri.- Whole Wheat Pancakes w/bananas | **16**  Beef Spaghetti  Green Beans  Fresh Melon  \*Spaghetti w/veggie crumble | **17**  Turkey Sandwich  Carrots  Pears  \*Cheese Sandwich | 18 Chicken Nuggets  Corn, Mashed Potatoes  Apples/Applesauce  \*Veggie Nuggets | 19  Beans and Cheese Quesadilla  Green Peas  Pineapples  \*Cheese Quesadilla | 20  Cheeseburger,  Mixed Veggies  Mixed Fruit | **Mon.-** Cheese Itz w/apples  **Tues.-** club crackers w/bananas  **Wed.-** Wheat Thins w/oranges  **Thurs.-** Animal Crackers w/bananas  **Fri.-** Saltine Crackers w/oranges |
| **Mon.-** Multigrain Bars w/pineapples  **Tues.-** Cornbread w/pears  **Wed.-** Cheerios & Raisins w/pears  **Thurs.-** Blueberry Muffins w/apples  **Fri.-** Whole Wheat Waffles w/apple sauce | **23**  Mac N Cheese  Broccoli  melon | **24**  Cheese Ravioli, Corn,  pears | **25**  Chicken Quesadilla  Green Beans  pineapple  \*Cheese Quesadilla | 26  Chicken Sandwich  Green Peas  apples  \*Veggie Chicken | 27  Cheese Pizza  Mixed Veggies  Mixed Fruit | **Mon.-** Animal Crackers w/apples  **Tues.-** Graham Crackers w/bananas  **Wed.-** Ritz Crackers w/oranges  **Thurs.-** Trail Mix w/bananas  **Fri.-** Sweet Potato Crackers w/oranges |
| Mon.- Whole Wheat Toast w/pineapples  Tues.- French Toast Sticks w/pears  Wed.- Cinnamon Raisin Bread w/apple sause  Thurs.- Vanilla Yogurt w/mixed berries  Fri.- Whole Wheat Pancakes w/bananas  Mon.- Whole Wheat Toast w/pineapples  Tues.- French Toast Sticks w/apples  Wed.- Cinnamon Raisin Bread w/pears  Thurs.- Vanilla Yogurt w/mixed berries  Fri.- Whole Wheat Pancakes w/bananas | 30  Chicken Alfredo  Green Beans  melons  \*Veggie Chicken  \*Mac N Cheese | Food Pyramid Drawing PNG, Clipart ... | Kids Healthy Eating Stock Illustrations ... | Clip Art: Nutrition: My Plate Color 1 I abcteach.com |  | **Mon.-** Cheese Itz w/apples  **Tues.-** club crackers w/bananas  **Wed.-** Wheat Thins w/oranges  **Thurs.-** Animal Crackers w/bananas  **Fri.-** Saltine Crackers w/oranges |
| Mon.- Whole Wheat Toast w/pineapples  Tues.- French Toast Sticks w/apples  Wed.- Cinnamon Raisin Bread w/pears  Thurs.- Vanilla Yogurt w/mixed berries  Fri.- Whole Wheat Pancakes w/bananas | **27**  Beef Spaghetti  Green Beans  Fresh Melon  \*Spaghetti w/veggie crumble | **28**  Turkey Sandwich  Carrots  Pears  \*Cheese Sandwich | 29  Chicken Nuggets  Corn, Mashed Potatoes  Apples/Applesauce  \*Veggie Nuggets | 30  Beans and Cheese Quesadilla  Green Beans  Pineapples  \*Cheese Quesadilla | 31  Cheeseburger,  Mixed Veggies  Mixed Fruit | **Mon.-** Cheese Itz w/cheese sticks  **Tues.-** club crackers w/bananas  **Wed.-** Wheat Thins w/oranges  **Thurs.-** Animal Crackers w/bananas  **Fri.-** Saltine Crackers w/cheese |