



September School Menu 2024

Morning Snack Served with Fresh Fruit	Monday	Tuesday	Wednesday	Thursday	Friday	Afternoon Snack
Mon.- Whole Wheat Toast w/pineapples Tues.- French Toast Sticks w/pears Wed.- Cinnamon Raisin Bread w/apple sause Thurs.- Vanilla Yogurt w/mixed berries Fri.- Whole Wheat Pancakes w/bananas	2 	3 Chicken and Rice Broccoli pears *Veggie Chicken	4 Cheese Quesadilla Carrots, Beans Apple sauce	5 Chicken Tetrizzini Green Peas apples *Veggie Chicken	6 Cheeseburger, Mixed Veggies Mixed Fruit	Mon.- Cheese Itz w/apples Tues.- club crackers w/bananas Wed.- Wheat Thins w/oranges. Thurs.- Animal Crackers w/bananas Fri.- Saltine Crackers w/oranges
Mon.- Multigrain Bars w/pineapples Tues.- Cornbread w/applesauce Wed.- Cheerios & Raisins w/pears Thurs.- Blueberry Muffins w/apples Fri.- Whole Wheat Waffles w/bananas	9 Chicken Sandwich Broccoli Melons *Veggie Chicken	10 Cheese Ravioli, Corn, pears *Cheese Ravioli	11 Chicken Quesadilla Green Beans Pineapple *Cheese Quesadilla	12 Mac N Cheese Green Peas apples *Mac N Cheese	13 Cheese Pizza Mixed Veggies Mixed Fruit	Mon.- Ritz Crackers w/apples Tues.- Graham Crackers w/bananas Wed.- Animal Crackers w/oranges Thurs.- Trail Mix w/bananas Fri.- Sweet Potato Crackers w/oranges
Mon.- Whole Wheat Toast w/pineapples Tues.- French Toast Sticks w/pears Wed.- Cinnamon Raisin Bread w/apple sause Thurs.- Vanilla Yogurt w/mixed berries Fri.- Whole Wheat Pancakes w/bananas	16 Beef Spaghetti Green Beans Fresh Melon *Spaghetti w/veggie crumble	17 Turkey Sandwich Carrots Pears *Cheese Sandwich	18 Chicken Nuggets Corn, Mashed Potatoes Apples/Applesauce *Veggie Nuggets	19 Beans and Cheese Quesadilla Green Peas Pineapples *Cheese Quesadilla	20 Cheeseburger, Mixed Veggies Mixed Fruit	Mon.- Cheese Itz w/apples Tues.- club crackers w/bananas Wed.- Wheat Thins w/oranges Thurs.- Animal Crackers w/bananas Fri.- Saltine Crackers w/oranges
Mon.- Multigrain Bars w/pineapples Tues.- Cornbread w/pears Wed.- Cheerios & Raisins w/pears Thurs.- Blueberry Muffins w/apples Fri.- Whole Wheat Waffles w/apple sause	23 Mac N Cheese Broccoli melon	24 Cheese Ravioli, Corn, pears	25 Chicken Quesadilla Green Beans pineapple *Cheese Quesadilla	26 Chicken Sandwich Green Peas apples *Veggie Chicken	27 Cheese Pizza Mixed Veggies Mixed Fruit	Mon.- Animal Crackers w/apples Tues.- Graham Crackers w/bananas Wed.- Ritz Crackers w/oranges Thurs.- Trail Mix w/bananas Fri.- Sweet Potato Crackers w/oranges
Mon.- Whole Wheat Toast w/pineapples Tues.- French Toast Sticks w/pears Wed.- Cinnamon Raisin Bread w/apple sause Thurs.- Vanilla Yogurt w/mixed berries Fri.- Whole Wheat Pancakes w/bananas	30 Chicken Alfredo Green Beans melons *Veggie Chicken				Mon.- Cheese Itz w/apples Tues.- club crackers w/bananas Wed.- Wheat Thins w/oranges Thurs.- Animal Crackers w/bananas Fri.- Saltine Crackers w/oranges	

*Vegetarian Adjustment

-Variety of Cereal served for early breakfast 6:30 AM TO 7:30 AM

-Water served with every meal