



September 2021 Menu

AM Snack	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	PM Snack
Mon- Milk Tues- Bagel's w/ Cream Cheese, Milk Wed- French Toast Sticks w/ Syrup, Milk Thurs- Cereal & Milk Fri- Turkey Sausage, Biscuit, Milk	30 Sweet & Sour Chicken Fried Rice Mandarin Oranges Milk <i>*Plant based meatballs</i>	31 Chicken Crisпитos Spanish Rice Peaches Milk <i>*Potato & Cheese Quesadilla</i>	Sept 1 Beef Stroganoff Corn Peaches Milk <i>*Noodle Stroganoff</i>	Sept 2 Cheese Pizza Cucumber's w/ Ranch Pineapples Milk	Sept 3 Fish Sticks Macaroni & Cheese Broccoli Apples, Milk <i>*Mac & Cheese</i>	Mon- Pretzel Twists Tues- Cheez-itz Wed- Blueberry Bar Thurs- Teddy Grahams Fri- Crackers and Cheese
Mon- School Closed Tues- Bagels w/ Cream Cheese, Milk Wed- Danish, Milk Thurs- Cereal, Fruit, Milk Fri- Mini Blueberry Muffins, Banana, Milk	6 Labor Day School Closed	7 Turkey Soft Taco Corn Mandarin Oranges Milk <i>*Potato & Cheese Quesadilla</i>	8 Chicken Sandwich Tater Tots Tropical Fruit Milk <i>*Veggie Burger</i>	9 Meatballs w/Gravy Mashed Potatoes Green Beans Peaches, Milk <i>*Veggie Meatballs</i>	10 Chicken Alfredo Buttered Carrots Apples Milk <i>*Pasta w/ Alfredo</i>	Mon- School Closed Tues- Cheese & Crackers Wed- Blueberry Bar Thurs- Goldfish Fri- Rice Krispies
Mon- Omelet, Milk Tues- Bagel's w/ Cream Cheese, Milk Wed- Waffles with Syrup, Milk Thurs- Turkey Sausage, Hash Brown, Milk Fri- Cereal, Fruit & Milk	13 Dino Nuggets Mixed Vegetables Tropical Fruit Milk <i>*Plant based meatballs</i>	14 Burrito Spanish Rice Mandarin Oranges Milk <i>*Potato & Cheese Quesadilla</i>	15 Hamburger Sweet Potato Fries Peaches Milk <i>*Veggie Burgers</i>	16 Cheese Ravioli Green Beans Pears Milk	17 Steak Fingers Mashed Potatoes Mixed Vegetables Pears, Milk <i>*Plant based meatballs</i>	Mon- Pretzel Twists Tues- Animal Crackers Wed- Cheez-itz Thurs- Teddy Grahams Fri- Goldfish
Mon- Bagels w/ Cream Cheese & Milk Tues- French Toast, Milk Wed- Biscuit's w/ Jelly, Hash Brown, Milk Thurs- Cereal, Fruit & Milk Fri- Danish, Milk	20 Spaghetti w/Meat Sauce Green Beans Apples Milk <i>*Spaghetti w/ Sauce</i>	21 Cheese Quesadilla Corn Mandarin Oranges Milk	22 Cheeseburger Macaroni Peas Peaches Milk <i>*Mac & Cheese</i>	23 Cheese Pizza Cucumber's w/ Ranch Pineapples Milk	24 Turkey & Cheese Wraps Carrots w/Ranch, Milk Fresh Strawberries, <i>*Cheese Wraps</i>	Mon- Animal Crackers Tues- String Cheese & Crackers Wed- Blueberry Bar Thurs- Rice Krispies Fri- Strawberry Chex Mix
Mon- Blueberry Muffins & Milk Tues- Bagel's w/ Cream Cheese, Milk Wed- French Toast Sticks w/ Syrup, Milk Thurs- Cereal & Milk Fri- Turkey Sausage, Biscuit, Milk	27 Sweet & Sour Chicken Fried Rice Mandarin Oranges Milk <i>*Plant based meatballs</i>	28 Chicken Crisпитos Spanish Rice Peaches Milk <i>*Potato & Cheese Quesadilla</i>	29 Cheese Pizza Cucumber's w/ Ranch Pineapples Milk	30 Beef Stroganoff Corn Peaches Milk <i>*Noodle Stroganoff</i>	Oct 1 Fish Sticks Macaroni & Cheese Broccoli Apples, Milk <i>*Mac & Cheese</i>	Mon- Pretzel Twists Tues- Cheez-itz Wed- Blueberry Bar Thurs- Teddy Grahams Fri- Crackers and Cheese

***Fresh Fruit Served Daily with all Snacks**