

September 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Week 1</u> AM Snack Lunch Vegetarian PM Snack 1 PM Snack 2	2 CLOSED LABOR DAY	3 Pancakes w/ Syrup, Banana, Milk Turkey Hotdogs, Potato Tots, Applesauce, and Milk (Veggie Nuggets) Breadsticks and Sauce Trail Mix	4 Biscuits, Grape Jelly, Strawberries, Milk Turkey and Cheese Wraps, Cantaloupe and Milk (Cheese Wraps) Yogurt Fig Bar	5 Waffles, Blueberries, Milk Cheese Pizza, Salad, Mixed Fruits Milk Cheez-Its Corn Muffins	6 Oatmeal, Apple Slices, Milk Veggie Rice Casserole, Orange Slices, Milk Pita Bread & Salsa Goldfish
<u>Week 2</u> AM Snack Lunch Vegetarian PM Snack 1 PM Snack 2	9 Cereal, Oranges & Milk Hamburger w/ Bun, Potato Wedges, Banana Milk (Veggie Burger) Ice Cream Sundae Cheese-Its	10 English muffin w/ Sliced Cheese, Blueberries & Milk Chicken Strips, Peas & Carrots, Oranges Slices & Milk (Veggie Nuggets) Graham crackers Pretzels	11 French Toast, Applesauce & Milk Spaghetti with Meatballs, Peas, Pineapples & Milk (Spaghetti & Sauce) Animal Crackers w/ apple slices Nutri Gran Bars	12 Turkey Sausage, Strawberries, Biscuits, Milk (Jelly Biscuits) Grilled Cheese Sandwich, Corn & Milk Trail Mix Vanilla Wafers	13 Blueberry Muffins, Milk Chicken Mash Potatoes, Diced Carrots, Honey Dew & Milk (Veggie Patty) S'mores Fig Bars
<u>Week 3</u> AM Snack Lunch Vegetarian PM Snack 1 PM Snack 2	16 Bagels, Cream Cheese, Banana & Milk Macaroni, Peas, Blueberries & Milk Tortilla & Guacamole Cheese Doodles	17 Grits, Sausage, Apple Slices, Milk BBQ Turkey Meatballs, Rolls, Broccoli, Pineapples, Milk (Veggie Patty) Saltine Crackers & Cheese Muffins	18 Hash Browns, Strawberries & Milk Cheese Burgers, Potato Wedges, Mixed Fruit & Milk Veggie Burgers Jell-O Pita Bread & Hummus	19 Oatmeal, Cantaloupe, Milk Ravioli, Peas & Carrots, Apple Slices & Milk Pretzels & Cheese Sugar Cookies	20 Cereal, Mixed fruit, Milk Turkey Hotdogs, Baked Beans, Orange Slices & Milk (Mozzarella Sticks) Trail Mix Nutri-Grain Bar

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<p><u>Week 4</u></p> <p>AM Snack</p> <p>Lunch Vegetarian</p> <p>PM Snack 1 PM Snack 2</p>	<p>23</p> <p>Waffles, Blueberries, Milk Fish Sticks, Mashed Potato, Kiwi, Milk (Veggie Nuggets) Crackers Corn Muffins</p>	<p>24</p> <p>Cheese Toast, Apple Slices & Milk Curry Chicken Breast & Vegetable Rice , Pineapple, Milk (Curry Vegetable Fried Rice) Yogurt Vanilla Wafers</p>	<p>25</p> <p>Hash Brown, Strawberry & Milk Baked Ziti, Salad w/Ranch, Orange Slices, Milk Animal Cookies Goldfish</p>	<p>26</p> <p>Turkey Sausage Biscuits, Apple Slices, Milk Corndogs, Green Beans, Cantaloupe & Milk (Veggie Burgers) Pita Bread & Hummus Cheeze-Its</p>	<p>27</p> <p>Cereal, Applesauce, Milk Chicken Parmesan, Diced Carrots, Mixed Fruits & Milk Goldfish Pretzels</p>
<p><u>Week 5</u></p> <p>Am Snack</p> <p>Lunch Vegetarian</p> <p>PM Snack 1 PM Snack 2</p>	<p>30</p> <p>Oatmeal, Banana, Milk Chicken and Waffles, Mixed Fruit, Milk (Veggie Nuggets & Waffles) Tortilla & Salsa Vanilla Wafers</p>				

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