

Week B Menu



Week of August 31-September 4

**Week of September 28-
Oct. 2**

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Yogurt, mixed fruit & milk	Chicken patty, peas and carrots, peaches, and milk	Cinnamon graham crackers and water	Veggie Patty
Tuesday	Biscuits, Jelly, Pears and Milk	Sunbutter and jelly on whole grain bread, apple slices/applesauce, corn, milk	Flavored rice cakes and water	
Wednesday	Waffles, blueberries and milk	Yellow Rice and Black Beans, Mixed Fruit and Milk	Chesters cheese puffcorn and water	
Thursday	Pancakes, bananas and milk	Ravioli with Veggie Meat Sauce, Broccoli, Pineapple and Milk	Pretzels and water	
Friday	French Toast Bites, Mandarin Oranges and Milk	English muffin pizza, mixed vegetables, mixed fruit and milk	Veggie Straws and Water	

Week C Menu

Week of Sept. 7-11



Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Closed Happy Labor Day			
Tuesday	Cold Cereal, Bananas & Milk	Turkey and Cheese Sandwich, Cucumbers and Carrots, Apple Slices, Applesauce and Milk	Animal Crackers and Water	Cheese Sandwich
Wednesday	Pancakes, Applesauce and Milk	Vegetarian Beans, Broccoli, peaches, whole grain bread and milk	Veggie Straws and water	
Thursday	Nutrigrain bars, strawberries, and milk	Chicken Alfredo, Garlic Bread, Oranges, Green Beans & Milk	Pretzels & Water	Plain alfredo
Friday	French Toast Bites, Oranges & Milk	Cheese Pizza, Mixed Fruit, Mixed Vegetables and Milk	Fig Newtons & Water	

Week D Menu



Week of Sept.14-18

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Pancakes, applesauce/appleslices, and milk	Chicken Sandwich, peas and carrots, Oranges & Milk	Flavored Rice Cakes and water	Veggie nuggets
Tuesday	Cereal, Bananas and Milk	Macaroni & Cheese, Broccoli and Cauliflower, Melons and Milk	Cheese Crackers and Water	
Wednesday	Yogurt with Mixed Fruit & Milk	Chicken Quesodillas, Corn, Strawberries & Milk	Veggie Straws and Water	Cheese Quesodilla or Chicken Quesodilla
Thursday	Nutri Grain Bars, Pears and Milk	Sun Butter and Jelly on Whole Grain Bread, Green Beans, Pineapple & Milk	Chesters Puffcorn and Water	
Friday	French toast sticks, oranges and milk	Cheese Pizza, mixed vegetables, mixed fruit and milk	Pretzels and Water	

Week A Menu



Week of Sept. 21-25

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Waffles, peaches and milk	Chicken Nuggets, Strawberries, Green Beans and Milk	Veggie Straws and Water	Veggie Nuggets
Tuesday	Bagels with cream cheese, pears and milk	Turkey and Cheese on Whole Wheat Bread, Cucumber and Carrot Mix, Apple Slices / Applesauce and Milk	Fig Newtons and Water	
Wednesday	Nutrigrain bars, bananas and milk	Spaghetti and Veggie Meat Sauce, Broccoli & Cauliflower, Blueberries and Milk	Graham Crackers and Water	
Thursday	Cold Cereal, Peaches and Milk	Sun Butter and Jelly on Whole Wheat Bread, Applesauce, Green Beans and Milk	Goldfish and Water	
Friday	French toast bites, mandarin oranges and milk	English Muffin Pizza, Mixed Vegetables, Mixed Fruit and Milk	Cheese its and water	