

Week B Menu

Date: _____



Weekday	Snack 1	Lunch	Snack 2	Vegetarian Adjustment
Monday	Cinnamon Toast with Berries	Teriyaki Chicken with Broccoli, Rice, Pineapple, Milk	Fig Bars	Replace Chicken with Veggie Crumbles
Tuesday	French Toast Sticks and Bananas	Turkey and Cheese Wraps, Cucumber Slices with Ranch, Fruit Cocktail, Milk	Animal Crackers and Peaches	Replace Turkey with Hummus
Wednesday	Graham Crackers with Pudding	Turkey Cheeseburger Sliders, Sweet Potato Fries and Diced Melon, Milk	Blueberry Muffins	Use Veggie Patty instead of Turkey Patty
Thursday	Pirate Booty and Seasonal Fruit	Macaroni and Cheese, Green Beans and Mandarin Oranges, Milk	Nutrigrain Bar	No Adjustment
Friday	Vanilla Yogurt and Apple Slices	BBQ Chicken Sandwich, Broccoli, Apple Sauce, Milk	Trail Mix	No Adjustment