

CHILDREN'S LIGHTHOUSE

of The Woodlands · Creekside

A Message from the Director

October Is Here — Falling Into Fun!

October
2026

October brings cooler mornings, crunchy leaves, and so much to look forward to! From our Pumpkin Patch Week to the Fall Festival / Trunk-or-Treat, and our Halloween Classroom Parties at the end of the month, there's a lot of fall magic happening in every room this October.

Thank you, as always, for trusting us with your child's growth, safety, and happiness. Here's to a wonderful, cozy October together! 🍂

Teacher Appreciation Corner

We ♥ Our Teachers!

Thank you for your dedication, patience, creativity, and the countless ways you make a difference in the lives of our children every single day. You inspire. You nurture. You belong here.

Employee of the Month of September

Hind. M – Room2

Thank-you for going above and beyond — and is automatically in the running for Employee of the Year!

Parent Appreciation Corner

Thank You to Our Families!

As the season turns, we're so grateful for the trust you place in us every day. Whether it's cheering on our Pumpkin Patch explorers, sending in a Trunk-or-Treat costume, or just dropping off a smiling kiddo each morning — you make our Creekside family what it is.

Thank you for being such an important part of our Children's Lighthouse family!

Spotlight Corner



School-Age Spotlight: Be a Safety Helper!

This month our school-age QUEST explorers are taking on a Community Challenge that could truly save a life: practicing a home fire-escape plan with their families.

Throughout October, children are learning what to do in a fire emergency — two ways out of every room, a family meeting spot outside, and the importance of staying calm and moving quickly. Each QUEST explorer will draw their family's escape plan and bring it back to share with their teacher.

How families can help: Sit down together this month and walk through your home's escape routes, pick a family meeting spot outside, and let your child help draw the plan. A few minutes now can make all the difference in an emergency.

Staff Birthdays, Anniversaries & Student Birthdays

Staff Birthdays	Staff Anniversaries		Student Birthdays	
	10/10	Teresa. S	10/02	James. M(Jayjay)
			10/03	Camryn. D
			10/08	Blaze. B
			10/12	Leo. F
			10/16	Khalisa/ D
			10/21	Kolton. M Raudel. P
			10/24	Vedant. K
			10/27	Farelle. R
			10/28	Rafael. H
			10/30	Camila. R

Did You Know?

A 2026 study in the *Journal of Child Psychology and Psychiatry* followed over 4,000 children and found that more frequent outdoor play between ages two and four was linked to better mental health all the way through age eight.

For every extra day a child played outside each week during the preschool years, their odds of having a healthy mental health profile through age eight rose by 6–14%.

Cooler fall weather makes it a perfect time to lean into outdoor time — which is exactly why you'll see so much of our October curriculum, from leaf rubbing to pumpkin exploration, happening outside!

Source: University of Glasgow (2026), “Early Outdoor Play Predicts Trajectories of Child Mental Health in a Population-Based Cohort,” Journal of Child Psychology and Psychiatry.

Parent Corner — October Learning Resources

A few favorites on home safety and fall learning, picked to go along with this month's QUEST challenge and classroom themes.

HOME & FIRE SAFETY

- **Sparky the Fire Dog: Family Escape Plan Tool** — NFPA's free, kid-friendly tool for building and practicing a home fire-escape plan together.
- **Teaching Kids About Fire Safety (Red Cross)** — simple, age-appropriate scripts for talking about fire safety without scaring little ones.

FALL LEARNING AT HOME

- **Pumpkin Life Cycle Printables (NAEYC)** — simple activities that extend our Pumpkin Patch Week learning at home.
- **Not-Too-Scary Halloween Books for Toddlers & Preschoolers** — a cozy reading list to match our classroom read-alouds this month.

Have a favorite resource? Share it with your child's teacher — we love adding to the list!