









October Menu

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p><u>Breakfast: 8:15-8:45</u> <u>Lunch: 11:15-12:15</u> <u>PM Snack: 2:15-2:45</u></p>	<p>2</p> <p><u>Breakfast: Potatoes & Sausage</u> <u>Lunch: Chicken Mac & Cheese W/ Graveyard (Green) Beans & Fruit Cocktail</u> <u>PM Snack: Celery & Ranch</u></p>	<p>3</p> <p><u>Breakfast: Blueberry Parfait</u> <u>Lunch: Fresh Tomato Basil Soup W/ Grilled Cheese, Corn & Oranges</u> <u>PM Snack: Apple Nachos</u></p>	<p>4</p> <p><u>Breakfast: Nutri-Grain Bars</u> <u>Lunch: Gooney Eyeballs (Gravy Meatballs) W/ Rice, Sweet Peas & Pineapple</u> <u>PM Snack: Carrots & Ranch</u></p>	<p>5</p> <p><u>Breakfast: Unfrosted Pop Tarts</u> <u>Lunch: BBQ Chicken W/ BBQ Bat (Baked) Beans & Diced Peaches</u> <u>PM Snack: Graham Crackers</u></p>	<p>6</p> <p><u>Breakfast: Cheerios W/ Chilled Milk</u> <u>Lunch: Turkey Cheese Wraps, Vegetable Straws & Sliced Apples</u> <u>PM Snack: Scream (String) Cheese W/ Ritz</u></p>	
	<p>9</p> <p><u>Breakfast: Sausage Pacos</u> <u>Lunch: Homemade Mummy Legs (Pizza Rolls) W/ Pasta & Strawberries</u> <u>PM Snack: Celery & Ranch</u></p>	<p>10</p> <p><u>Breakfast: Fruit Medley</u> <u>Lunch: Cheesy Caskets (Enchiladas) W/ Spanish Rice & Blueberries</u> <u>PM Snack: Cheez-Itz</u></p>	<p>11</p> <p><u>Breakfast: Homemade Pancakes</u> <u>Lunch: Snakes (spaghetti) & Meatballs W/ Green Beans & Diced Pears</u> <u>PM Snack: Yogurt W/ Grahams</u></p>	<p>12</p> <p><u>Breakfast: French Toast W/ Syrup</u> <u>Lunch: Ghost (Chicken) Nuggets W/ Mashed Potatoes & Fruit Cocktail</u> <u>PM Snack: Pretzels</u></p>	<p>13</p> <p><u>Breakfast: Cheerios W/ Chilled Milk</u> <u>Lunch: Grilled Cheese Rolls W/ Carrot Sticks & Spooky Apple Sauce</u> <u>PM Snack: Goldfish</u></p>	
	<p>16</p> <p><u>Breakfast: Potatoes & Sausage</u> <u>Lunch: Broccoli Mac & Cheese W/ Grim (Green) Beans & Fruit Cocktail</u> <u>PM Snack: Apple Nachos</u></p>	<p>17</p> <p><u>Breakfast: Blueberry Parfait</u> <u>Lunch: Fresh Chicken Noodle Soup W/ Grilled Cheese, Corn & Oranges</u> <u>PM Snack: Cheese & Bones (Crackers)</u></p>	<p>18</p> <p><u>Breakfast: Nutri-Grain Bars</u> <u>Lunch: Gooney Eyeballs (Gravy Meatballs) W/ Rice, Carrots & Pineapple</u> <u>PM Snack: Cucumbers & Ranch</u></p>	<p>19</p> <p><u>Breakfast: Unfrosted Pop Tarts</u> <u>Lunch: BBQ Chicken W/ BBQ Bat (Baked) Beans & Diced Peaches</u> <u>PM Snack: Graham Crackers</u></p>	<p>20</p> <p><u>Breakfast: Cheerios W/ Chilled Milk</u> <u>Lunch: Turkey Cheese Wraps, Veggie Straws & Sliced Apples</u> <u>PM Snack: Scream (String) Cheese W/ Ritz</u></p>	
	<p>23</p> <p><u>Breakfast: Cheese Omelets</u> <u>Lunch: Bean & Toes (Cheese) Burritos W/ Spanish Rice & Pineapple</u> <u>PM Snack: Cheez-Itz</u></p>	<p>24</p> <p><u>Breakfast: Quesadillas</u> <u>Lunch: Homemade Mummy Legs (Pizza Rolls) W/ Pasta & Strawberries</u> <u>PM Snack: Graham Cracker</u></p>	<p>25</p> <p><u>Breakfast: Strawberry Parfait</u> <u>Lunch: Chicken Alfredo W/ Roasted Broccoli & Diced Peaches</u> <u>PM Snack: Nutri-Grain Bars</u></p>	<p>26</p> <p><u>Breakfast: Sausage Biscuits</u> <u>Lunch: Cheesy Caskets (Enchiladas) W/ Spanish Rice & Blueberries</u> <u>PM Snack: Celery & Ranch</u></p>	<p>27</p> <p><u>Breakfast: Cheerios W/ Chilled Milk</u> <u>Lunch: Grilled Cheese Rolls W/ Carrot Sticks & Spooky Apple Sauce</u> <u>PM Snack: Banana Bread</u></p>	
	<p>30</p> <p><u>Breakfast: Potatoes & Sausage</u> <u>Lunch: Chicken Mac & Cheese W/ Green Beans & Fruit Cocktail</u> <u>PM Snack: Apple Nachos</u></p>	<p>31</p> <p><u>Breakfast: Mickey Waffles W/ Syrup</u> <u>Lunch: Mini Mummy Pizzas W/ Fresh Veggie Sticks & Apple Slices</u> <u>PM Snack: Halloween Pretzel Rods for Teachers, Parents, and Children!</u></p>	