

October 2026

			Thursday 10/1	Friday 10/2
			Breakfast: Biscuit and Fruit jam Lunch: Cheese Quesadillas, spanish rice, salad and blueberries Snack: Goldfish crackers & fruit	Breakfast: Cereal and Banana Lunch: Chicken Alfredo, carrots, wheat bread and apple slices Snack: Teddy grahams & fruit
Monday 10/5	Tuesday 10/6	Wednesday 10/7	Thursday 10/8	Friday 10/9
Breakfast: French toast w/ fruit Lunch: Chicken fried rice, Broccoli, wheat bread and Mandarin oranges Snack: Goldfish pretzel and cheese cubes	Breakfast: English muffins & applesauce Lunch: Turkey & cheese on wheat, Fresh oranges and Cucumbers Snack: Animal crackers & fruit	Breakfast: Cheese toast & Pears Lunch: WG Pepperoni pizza sticks, salad and Apple slices Snack: String cheese & fruit	Breakfast: Pancake puffs & peaches Lunch: Chicken enchilada, Pinto bean and pineapples Snacks: Baked cheetos & fruit	Breakfast: Sausage, tortilla & blueberries Lunch: Beef patty on wheat bun, California veggies and Mixed fruit Snack: Veggie cracker & Hummus
Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16
School Closed For Teacher Training	Breakfast: French Toast w/Strawberries Lunch: Chicken Parmesan, wheat bread, Green beans & mandarins Snack: Wheat cracker & Sun butter	Breakfast: Biscuits & fruit jam Lunch: Cheese Tortellini Normandy veggies, wheat bread Snack: Pretzel & dipping cheese	Breakfast: Pancakes & Mixed berries Lunch: Turkey hotdogs on wheat bun, Baked beans & mixed fruit Snack: Townhouse crackers & raisins	Breakfast: Cereal & banana Lunch: Orange chicken, brown rice, broccoli and oranges Snack: Rice cakes & fruit
Monday 10/19	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23
Breakfast: Apple muffins w/ Strawberries Lunch: Chicken, Broccoli Stirfry, Brown rice and pineapples Snack: Chex mix and fruit	Breakfast: Mini waffles & peaches Lunch: Mac n cheese w/ ham, Peas, wheat bread and pears Snack: Pita chips & Hummus	Breakfast: Bagels & Fruit spread Lunch: Beef meatballs, Wheat bread, Glazed carrots & applesauce Snack: Rice cakes & fruit	Breakfast: Turkey sausage, Toast & Peaches Lunch: Grilled chicken breast, squash, wheat roll and mandarin oranges Snack: Ritz crackers & sun butter	Breakfast: English muffins and applesauce Lunch: Fish sticks, Corn, wheat bread and mixed fruit Snack: Scooby grahams & Fruit
Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30
Breakfast: Mini cinnamon toast & raspberries Lunch: Chicken Fajitas on whole wheat tortillas w/refried beans, Salad & pears Snack: Teddy grahams & fruit	Breakfast: Cereal & Banana Lunch: Wheat pasta w/ meatsauce, green beans and mixed berries Snack: Pretzels & Cheese	Breakfast: Yogurt, granola & blueberries Lunch: Grilled cheese Fresh fruit & Veggies Snack: cheez-it & fruit	Breakfast: Blueberry muffins & pears Lunch: Chicken nuggets, Sweet potato fries, wheat bread and Pineapples Snack: Multigrain cracker & yogurt raisins	Breakfast: Mini waffles & strawberries Lunch: WG turkey corndogs, peas & carrot mix, wheat bread and peaches Snack: Scooby grahams & fruit

water served w/ breakfast and Lunch

water served with snack