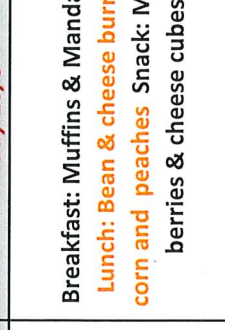


October 2025

		Wednesday 10/1	Thursday 10/2	Friday 10/3
	Breakfast: Bagel w/ fruit spread Lunch: Chili Mac, buttered bread, Salad and pears Snack: Ritz cracker and cheese	Breakfast: Oatmeal w/ Blueberries Lunch: WG Pepperoni pizza sticks, salad and peaches Snack: Animal Crackers & fruit	Breakfast: Muffins & Mandarins Lunch: Bean & cheese burrito, corn and peaches Snack: Mixed berries & cheese cubes	
	Breakfast: French toast w/ Strawberries Lunch: Chicken Tacos on whole wheat tortillas w/ refried beans, Salad & Appleslices Snack: Rice cakes and fruit	Breakfast: Sausage, Tortilla & peaches Lunch: Grilled cheese on wheat, Tomato soup and Mandarin oranges Snack: Graham crackers & fruit	Breakfast: Cheese toast & peaches Lunch: Fish patty, mash potatoes, wheat bread and applesauce Snack: Oatmeal cookie and juice	
	Breakfast: Pancake & pears Lunch: Turkey pot pie w/ Broccoli, wheat bread and Mixed fruit. Snack: Animal crackers and apples	Breakfast: Cereal and banana Lunch: Chicken parmesan, wheat bread, broccoli and appleslices Snack: Pita bread and hummus	Breakfast: Waffles & Strawberries Lunch: Cheeseburger on wheat tator tots and Pineapples Snack: multigrain crisps and cheese	
	Breakfast: Biscuits w/ fruit jam Lunch: Chicken nuggets, green beans, wheat bread and Mandarin oranges Snack: Goldfish pretzel & apple juice	Breakfast: Cereal w/ Banana Lunch: Diced Turkey, mashpotatoes, wheat bread, Carrots and peaches Snack: Sunchips and fruit	Breakfast: WG turkey sausage Lunch: WG turkey sausage Lunch: Salisbury steak, Wheat bread, corn & pears Snack: Veggie straws & apples	
	Breakfast: Oatmeal w/ berries Lunch: Mac n cheese w/ ham, wheat bread, Mixed veggies and peaches Snack: oranges and veggie crackers	Breakfast: English Muffins w/ Mandarin Oranges Lunch: Chicken fried rice, Broccoli, wheat bread and mixed berries Snack: Cheez-it and fruit	Breakfast: Veggie sausage, Toast & Fruit Lunch: Whole wheat pasta w/ meat sauce, Salad and pears Snack: veggie crackers & fruit	

milk served w/ breakfast and lunch

water served with snack