



October School Menu 2026

Morning Snack	Monday	Tuesday	Wednesday	Thursday	Friday	Afternoon Snack
Mon.- Whole Wheat Waffles w/pineapples Tues.- Oatmeal w/bananas Wed.- Blueberry Muffins w/apples Thurs.- French Toast w/bananas Fri.- Bagels w/cream cheese and oranges				1 Mac N Cheese, Green Beans, and Melon Dinner: Chicken Nuggets, Broccoli, Bananas	2 Bean and Cheese Burrito, Carrots, and Pineapple Dinner: Chicken Sandwich, Green Beans, Bananas	Mon.- Ritz Crackers Tues.- Graham Crackers Wed.- Animal Crackers Thurs.- Chex Mix Fri.- Teddy Grahams
Mon.- Pancakes w/apples Tues.- Cereal w/oranges Wed.- Biscuits w/apples Thurs.- Vanilla Yogurt w/Bananas Fri.- Whole Wheat Cheese Toast w/pineapple	5 Chicken Tetrzzini, Green Peas, and Melon *Cheesy Tetrzzini Dinner: Chicken Nuggets, Broccoli, Bananas	6 Turkey and Cheese Tortilla Roll, Green Beans, and Pineapples *Cheese Tortilla Roll Dinner: Chicken Sandwich, Green Beans, Bananas	7 Beef Meatballs w/Rice, Green Peas, and Apples *Veggie Crumble Dinner: Mac N Cheese, Carrots, Oranges	8 Chicken Nuggets, Corn, Mashed Potatoes, and Oranges *Veggie Nuggets Dinner: Turkey Sandwich, Green Peas, Bananas	9 Cheese Pizza, Mixed Veggies, and Mixed Fruit Dinner: Grilled Cheese Sandwich, Mixed Veggies, Mixed Fruit	Mon.- Pretzels Tues.- Club Crackers Wed.- Goldfish Thurs.- Animal Crackers Fri.- Saltine Crackers w/cheese
Mon.- Whole Wheat Waffles w/pineapples Tues.- Oatmeal w/bananas Wed.- Blueberry Muffins w/apples Thurs.- French Toast w/bananas Fri.- Bagels w/cream cheese and oranges	12 	13 Chicken Quesadilla, Green Peas, and Pineapples *Cheese Quesadilla Dinner: Chicken Sandwich, Carrots, Bananas	14 Turkey Sandwich, Carrots, and Bananas *Cheese Sandwich Dinner: Mac N Cheese, Green Peas, Oranges	15 Grilled Chicken Breast w/Roll, Mashed Potatoes, and Apples *Veggie Chicken Dinner: Turkey Sandwich, Green Bean, Bananas	16 Chicken Nuggets, Corn, Mixed Veggies and Mixed Fruit *Veggie Nuggets Dinner: Grilled Cheese, Mixed Veggies, Mixed Fruit	Mon.- Ritz Crackers Tues.- Graham Crackers Wed.- Animal Crackers Thurs.- Chex Mix Fri.- Teddy Grahams s
Mon.- Pancakes w/apples Tues.- Cereal w/oranges Wed.- Biscuits w/apples Thurs.- Vanilla Yogurt w/Bananas Fri.- Whole Wheat Cheese Toast w/pineapples	19 Spaghetti w/Meatballs, Broccoli, and Melon *Veggie Spaghetti Dinner: Chicken Nuggets, Peas, Oranges	20 Chicken Soft Taco w/Cheese, Corn, and Pineapples *Cheese Quesadilla Dinner: Chicken Sandwich, Green Beans, Bananas	21 Grilled Chicken Breast w/Roll, Mashed Potatoes, and Apples *Veggie Chicken Dinner: Mac N Cheese, Broccoli, Oranges	22 Chicken Alfredo, Carrots, and Oranges *Veggie Chicken Dinner: Turkey Sandwich, Peas, Bananas	23 Cheese Pizza, Mixed Veggies, and Mixed Fruit Dinner: Grilled Cheese Sandwich, Mixed Veggies, Mixed Fruit	Mon.- Pretzels w/bananas Tues.- Club Crackers w/apples Wed.- Goldfish w/bananas Thurs.- Animal Crackers w/apples Fri.- Saltine Crackers w/cheese and apples
Mon.- Whole Wheat Waffles w/pineapples Tues.- Oatmeal w/bananas Wed.- Blueberry Muffins w/apples Thurs.- French Toast w/bananas Fri.- Bagels w/cream cheese and oranges	26 Mac N Cheese, Green Beans, and Melon Dinner: Chicken Nuggets, Broccoli, Bananas	27 Bean and Cheese Burrito, Carrots, and Pineapple Dinner: Chicken Sandwich, Green Beans, Bananas	28 Spaghetti w/Meatballs, Broccoli, and Apples *Veggie Spaghetti Dinner: Mac N Cheese, Broccoli, Oranges	29 Chicken and Rice, Broccoli, and Oranges *Veggie Chicken Dinner: Turkey Sandwich, Green Peas, Bananas	30 Classroom Parties See your child's teacher for sign-up sheets. 	Mon.- Ritz Crackers Tues.- Graham Crackers Wed.- Animal Crackers Thurs.- Chex Mix Fri.- Teddy Grahams

*Vegetarian Adjustment

-Variety of Cereal served for early breakfast 6:30 AM TO 7:30 AM

-Water served with every meal