

October 2025

Mon- French Toast Tues- Cinnamon Muffins Wed- Pancakes Thurs- Bagels & Cream Cheese Fri- Toast & Applesauce B	Sep. 29 Chicken Alfredo Mandarin Oranges Green Beans Milk or Water	Sep. 30 Macaroni and Cheese Refried Beans Buttered Carrots Peaches Milk or Water	1 Baked Spaghetti w/ Meat Marinara Mixed Vegetables Diced Pears Milk or Water	2 Sweet & Sour Meatballs w/ White Rice Peas & Carrots Mixed Fruit Milk or Water	3 Chicken Nuggets Mashed Potatoes Broccoli Pineapples Milk or Water	Mon- Vanilla Wafers Tues- Fresh Sliced Apples Wed- Cheez Its Thurs- Ritz Crackers Fri- Chef's Choice
Mon- Yogurt Tues- Pancakes Wed- Muffins Thurs- Chef's Choice Fri- Cinnamon Toast C	6 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water	7 Beef Meatballs w/ Brown Gravy & Rice Mixed Vegetables Mandarin Oranges Milk or Water	8 Chicken Fajitas Vegetarian Refried Beans Pineapples Milk or Water	9 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water	10 Turkey & Cheese Wraps Carrots w/ Ranch Peaches Milk or Water	Mon- Nutra Grain Bar Tues- Carrots w/ Ranch Wed- Teddy Grahams Thurs- Cheez Its Fri- Chef's Choice
Mon- Waffles Tues- Chocolate Chip Muffins Wed- Sausage Biscuits Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast A	13 Chicken & Cheese Quesadilla Corn Mixed Fruit Milk or Water	14 Hamburger w/ Pickles Vegetarian Baked Beans Pineapple Milk or Water	15 Soft Taco Green Beans Peaches Milk or Water	16 Chicken Sandwich Sweet Corn Fresh Banana Milk or Water	17 Cheese Pizza Salad Applesauce Milk or Water	Mon- Goldfish Tues- Ritz Crackers w/ Cheese Wed- Teddy Grahams Thurs- Fig Bars Fri- Chef's Choice
Mon- French Toast Tues- Cinnamon Muffins Wed- Pancakes Thurs- Bagels & Cream Cheese Fri- Toast & Applesauce B	20 Chicken Alfredo Mandarin Oranges Green Beans Milk or Water	21 Macaroni and Cheese Refried Beans Buttered Carrots Peaches Milk or Water	22 Baked Spaghetti w/ Meat Marinara Mixed Vegetables Diced Pears Milk or Water	23 Sweet & Sour Meatballs w/ White Rice Peas & Carrots Mixed Fruit Milk or Water	24 Chicken Nuggets Mashed Potatoes Broccoli Pineapples Milk or Water	Mon- Vanilla Wafers Tues- Fresh Sliced Apples Wed- Cheez Its Thurs- Ritz Crackers Fri- Chef's Choice
Mon- Yogurt Tues- Pancakes Wed- Muffins Thurs- Chef's Choice Fri- Cinnamon Toast C	27 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water	28 Beef Meatballs w/ Brown Gravy & Rice Mixed Vegetables Mandarin Oranges Milk or Water	29 Chicken Fajitas Vegetarian Refried Beans Pineapples Milk or Water	30 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water	31 Turkey & Cheese Wraps Carrots w/ Ranch Peaches Milk or Water	Mon- Nutra Grain Bar Tues- Carrots w/ Ranch Wed- Teddy Grahams Thurs- Cheez Its Fri- Chef's Choice