



# October School Menu 2025

| Morning Snack                                                                                                                                                                                                      | Monday                                                                                                                          | Tuesday                                                                                                                      | Wednesday                                                                                                                               | Thursday                                                                                                                    | Friday                                                                                                                                                                         | Afternoon Snack                                                                                                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Mon.- Whole Wheat Toast w/pineapples<br>Tues.- French Toast Sticks w/pears<br>Wed.- Cinnamon Raisin Bread w/apple sauce<br>Thurs.- Vanilla Yogurt w/mixed berries<br>Fri.- Whole Wheat Pancakes w/applesauce       |                                                |                                             | <b>1</b> Chicken Quesadilla<br>Green Beans,<br>Pineapple<br>*Cheese Quesadilla<br><b>Dinner: Chicken Sandwich, Green Beans, Oranges</b> | <b>2</b> Cheese Ravioli,<br>Corn, Apples<br><b>Dinner: Turkey Sandwich, Green Peas, Bananas</b>                             | <b>3</b> Cheese Burger,<br>Mixed Veggies,<br>Mixed Fruit<br><b>Dinner: Grilled Cheese Sandwich, Mixed Veggies, Oranges</b>                                                     | <b>Mon.-</b> Animal Crackers w/apples<br><b>Tues.-</b> Graham Crackers w/bananas<br><b>Wed.-</b> Ritz Crackers w/oranges<br><b>Thurs.-</b> Trail Mix w/bananas<br><b>Fri.-</b> Sweet Potato Crackers w/oranges     |
| <b>Mon.-</b> Pancake w/pineapples<br><b>Tues.-</b> Cornbread w/applesauce<br><b>Wed.-</b> Cheerios & Raisins w/pears<br><b>Thurs.-</b> Blueberry Muffins w/apples<br><b>Fri.-</b> Whole Wheat Waffles w/applesauce | <b>6</b> Chicken Tetrzzini, Broccoli, Watermelon<br>*Cheesy Tetrzzini<br><b>Dinner: Chicken Nuggets, Broccoli, Oranges</b>      | <b>7</b> Beans and Cheese Quesadilla, Green Beans, Apples<br><b>Dinner: Chicken Sandwich, Green Beans, Bananas</b>           | <b>8</b> Chicken Nuggets, Corn, Mashed Potato, Pears<br>*Veggie Nuggets<br><b>Dinner: Mac N Cheese, Corn, Oranges</b>                   | <b>9</b> Turkey Sandwich, Carrots, Pears<br>*Cheese Sandwich<br><b>Dinner: Grilled Cheese, Carrots, Bananas</b>             | <b>10</b> Cheese Pizza, Mixed Veggies, Mixed Fruit<br><b>Dinner: Grilled Cheese, Mixed Veggies, oranges</b>                                                                    | <b>Mon.-</b> Cheese Itz w/apples<br><b>Tues.-</b> Club Crackers w/bananas<br><b>Wed.-</b> Wheat Thins w/oranges<br><b>Thurs.-</b> Animal Crackers w/bananas<br><b>Fri.-</b> Saltine Crackers w/oranges             |
| Mon.- Whole Wheat Toast w/pineapples<br>Tues.- French Toast Sticks w/pears<br>Wed.- Cinnamon Raisin Bread w/apple sauce<br>Thurs.- Vanilla Yogurt w/mixed berries<br>Fri.- Whole Wheat Pancakes w/applesauce       | <b>13</b><br>                                  | <b>14</b> Cheese Ravioli<br>Corn, Pears<br><b>Dinner: Chicken Sandwich, Corn, Bananas</b>                                    | <b>15</b> Chicken Quesadilla<br>Green Beans,<br>Pineapples<br>*Cheese Quesadilla<br><b>Dinner: Mac N Cheese, Green Beans, Oranges</b>   | <b>16</b> Chicken Sandwich<br>Green Peas, Apples<br>*Cheese Sandwich<br><b>Dinner: Turkey Sandwich, Green Peas, Bananas</b> | <b>17</b> Cheese Burger,<br>Mixed Veggies,<br>Mixed Fruit<br><b>Dinner: Grilled Cheese Sandwich, Mixed Veggies, Oranges</b>                                                    | <b>Mon.-</b> Ritz Crackers w/apples<br><b>Tues.-</b> Graham Crackers w/bananas<br><b>Wed.-</b> Animal Crackers w/oranges<br><b>Thurs.-</b> Club Crackers w/bananas<br><b>Fri.-</b> Sweet Potato Crackers w/oranges |
| <b>Mon.-</b> Pancake w/pineapples<br><b>Tues.-</b> Cornbread w/pears<br><b>Wed.-</b> Cheerios & Raisins w/pears<br><b>Thurs.-</b> Blueberry Muffins w/apples<br><b>Fri.-</b> Whole Wheat Waffles w/apple sauce     | <b>20</b> Beef Spaghetti, Broccoli, Watermelon<br>*Veggie Pasta<br><b>Dinner: Chicken Nugget, Broccoli, Oranges</b>             | <b>21</b> Chicken Alfredo<br>Carrots, Apples<br>*Alfredo Pasta<br><b>Dinner: Mac N Cheese, Carrots, Bananas</b>              | <b>22</b> Chicken Tetrzzini,<br>Green Peas, Pears<br>*Cheesy Tetrzzini<br><b>Dinner: Chicken Sandwich, Green Peas, Oranges</b>          | <b>23</b> Beans and Cheese Quesadilla, Green Beans, Pineapples<br><b>Dinner: Turkey Sandwich, Green Beans, Bananas</b>      | <b>24</b> Cheese Pizza, Mixed Veggies, Mixed Fruit<br><b>Dinner: Grilled Cheese Sandwich, Mixed Veggies, Oranges</b>                                                           | <b>Mon.-</b> Animal Crackers w/apples<br><b>Tues.-</b> Graham Crackers w/bananas<br><b>Wed.-</b> Ritz Crackers w/oranges<br><b>Thurs.-</b> Trail Mix w/bananas<br><b>Fri.-</b> Sweet Potato Crackers w/oranges     |
| Mon.- Whole Wheat Toast w/pineapples<br>Tues.- French Toast Sticks w/pears<br>Wed.- Cinnamon Raisin Bread w/apple sauce<br>Thurs.- Vanilla Yogurt w/mixed berries<br>Fri.- Whole Wheat Pancakes w/applesauce       | <b>27</b> Chicken with Rice, Broccoli, Watermelon<br>*Cheesy Rice Caserole<br><b>Dinner: Chicken Nuggets, Broccoli, Oranges</b> | <b>28</b> Turkey Sandwich, Carrots and Pears<br>*Cheese Sandwich<br><b>Dinner: Grilled cheese Sandwich, Carrots, Bananas</b> | <b>29</b> Cheese Quesadilla<br>Green Beans,<br>Pineapples<br>*Veggie Chicken<br><b>Dinner: Mac N Cheese, Green Beans, Oranges</b>       | <b>30</b> Cheese Ravioli<br>Corn, Pears<br><b>Dinner: Chicken Sandwich, Corn, Bananas</b>                                   | <b>31</b><br><b>Classroom Parties</b><br>See your child's teacher for sign up sheets.<br> | <b>Mon.-</b> Cheese Itz w/apples<br><b>Tues.-</b> club crackers w/bananas<br><b>Wed.-</b> Wheat Thins w/oranges<br><b>Thurs.-</b> Animal Crackers w/bananas<br><b>Fri.-</b> Saltine Crackers w/oranges             |

\*Vegetarian Adjustment

-Variety of Cereal served for early breakfast 6:30 AM TO 7:30 AM

-Water served with every meal



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