October 2024

AM Snack	Monday	Tuesday	Wednesday	Thursday	Friday	PM Snack
Fues: yogurt with granola Weds: Hash Brown and Turkey Sausage Fhurs: French Toast Fri: Cheese Toast		1 Turkey and Cheese Sandwich Green Beans Applesauce Vegetarian Option: Grilled Cheese	2 Cheeseburger Salad w/Ranch Pineapples Vegetarian Option: Veggie Burger	3 Chicken Nuggets Mashed Potatoes Mixed Fruit Vegetarian Option: Veggie Nuggets	4 Chicken sandwich Sweet potato fries Sliced Apples Vegetarian Option: Grilled Cheese	Tues: Goldfish Weds: Animal Crackers Thurs: Graham Crackers Fri: Chef's Choice
Mon: Biscuits with Jelly Fues: Yogurt with Granola Weds: Hash Brown and Turkey Gausage Fhurs: Blueberry Muffins Fri: Pancakes	7 Chicken Nuggets Mashed Potatoes Applesauce Vegetarian Option: Veggie Nuggets	8 Beef Soft Tacos Spanish Rice Beans Mandarin Oranges Vegetarian Option: Bean and Cheese Taco	9 Fish Sticks Mac & Cheese Mixed Fruit Vegetarian Option: Corn Nuggets	10 Orange Chicken Fried Rice Broccoli Pears Vegetarian Option: Veggie Nuggets	11 Turkey and Cheese Sandwich Sweet Potato Fries Banana Vegetarian Option: Grilled Cheese	Mon: Chex Mix Tues: Cheez-Itz Weds: Pretzels Thurs: Goldfish Fri: Applesauce
Mon: Blueberry Muffin Fues: Raisin Bread Weds: Pancakes Fhurs: Biscuits w/gravy Fri: Waffles	14 Chicken Sandwich Green Beans Sliced Apples Vegetarian Option: Grilled Cheese	15 Sweet & Sour Meatballs Mashed Potatoes Peaches Vegetarian Option: Veggie BBQ meatballs	16 Chicken Crispito Spanish Rice Salad Mandarin Oranges	17 Spaghetti w/ Meat Marinara Salad Peaches Vegetarian Option: Spaghetti	18 Cheeseburger Carrots w/ Ranch Pineapples Vegetarian Option: Veggie Burger	Mon: Ritz & cheese Tues: Vanilla Wafers Weds: Nutra- Grain Bar Thurs: Sliced apples Fri: Animal Crackers
Mon: Jelly Toast Tues: Biscuit w/ Turkey Sausage Weds: Chocolate Chip Muffins Thurs: French Toast Fri: Bagels with Cream Cheese	21 Orange Chicken Fried Rice Broccoli Pears Vegetarian Option: Veggie Nuggets	22 BBQ sandwiches Vegetarian Baked Beans Green Beans Mixed Fruit Vegetarian Option: Grilled Cheese	23 Chicken Quesadilla Vegetarian Refried Beans Pineapples Vegetarian Option: Bean & Cheese Quesadilla	24 Chicken Nuggets Mashed Potatoes Mixed Fruit Vegetarian Option: Veggie Nuggets	25 Chicken Crispito Spanish Rice Salad Mandarin Oranges	Mon: Raisin Bread Tues: Fig bars Weds: Yogurt and Granola Thurs: Graham Crackers Fri: Chef's Choice
Mon: Biscuits with Jelly Fues: Yogurt with Granola Weds: Hash Brown and Turkey Sausage Thurs: Peach Muffins	28 Cheese Pizza Carrots w/ Ranch Pineapples	29 Turkey and Cheese Sandwich Green Beans Applesauce Vegetarian Option: Grilled Cheese	30 Fish Sticks Mac & Cheese Mixed Fruit Vegetarian Option: Corn Nuggets	31 Shredded Chicken Tacos Spanish Rice Beans Pears Vegetarian Option: Bean and Cheese Taco		Mon: Chex Mix Tues: Oatmeal Cookie Weds: Pretzels Thurs: Goldfish
	Milk and Water served daily.		Vegetarian options available upon request			Afternoon Snacks are offered at 3:00 P.M. and 5:00 P.M.