





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
4	5	6	7	8
Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/ Fruit Lunch: Chicken Nuggets, Corn Mashed Potatoes and Pineapples Vegetarian: Veggie Nuggets Afternoon Snack: Graham Crackers w/Milk	Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Mac & Cheese Green Beans & Apple Sauce Vegetarian: Same Afternoon Snack: Animal Crackers w/milk	Breakfast: Cereal with Milk & Fruit Morning Snack: Bagels w/cream cheese & fruit Lunch: Rice with Turkey Crumble Peas and Bananas Vegetarian: Veggie Crumble Tacos Afternoon Snack: Ritz Crackers w/cheese	Breakfast: Yogurt & Fruit Morning Snack: Waffles w/fruit Lunch: Spaghetti w/Meatballs, Peas w/Carrots and Pineapples Vegetarian: Veggie Crumble in Spaghetti Sauce Afternoon Snack: Pretzels/Cheerios	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers
11	12	13	14	15
Breakfast: Cereal with Milk & Fruit Morning Snack: Cheerios w/raisins Lunch: Fish Sticks, Rice Broccoli and Peaches Vegetarian: Veggie Sticks Afternoon Snack: Goldfish Crackers	Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Chicken & Cheese Sandwich, Carrots and Pears Vegetarian: Cheese Sandwich Afternoon Snack: Trial Mix	Breakfast: Cereal with Milk & Fruit Morning Snack: Cereal Bar Lunch: Rice with Turkey Crumble Green beans and Bananas Vegetarian: Rice with VeggieCrumble Afternoon Snack: Veggie Straws	Breakfast: Yogurt & Fruit Morning Snack: Cereal w/Milk Lunch: Chicken Tetrizzini, Broccoli and Peaches Vegetarian: Veggie Chicken Tetrizzini Afternoon Snack: Wheat Thins w/Hummus	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers
18	19	20	21	22
Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/fruit Lunch: Lasagna Peas and Apple Slices Vegetarian: Veggie Lasagna Afternoon Snack: Graham Crackers w/Milk	Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Spaghetti w/Meatballs Broccoli and Bananas Vegetarian: Veggie Crumble in Spaghetti Afternoon Snack: Pretzels w/milk	Breakfast: Cereal with Milk & Fruit Morning Snack: Bagels w/cream cheese & fruit Lunch: Ground Turkey Tacos, Peas and Bananas Vegetarian: Veggie Crumble Tacos Afternoon Snack: Ritz Crackers w/cheese	Breakfast: Yogurt & Fruit Morning Snack: Waffles w/fruit Lunch: Chicken Nuggets, Corn Mashed Potatoes and Pineapples Vegetarian: Veggie Nuggets Afternoon Snack: Fresh Baked Blueberry Muffins	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes
25	26	27	28	29
Breakfast: Cereal with Milk & Fruit Morning Snack: Cheerios w/raisins Lunch: Cheesy Rice Casserol, Broccoli and Peaches Vegetarian: Cheesy rice Cassrole Afternoon Snack: Goldfish	Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Chicken Sandwich Carrots and Pears Vegetarian: Cheese Sandwich Afternoon Snack: Saltine Crackers w/Cheese	Breakfast: Cereal with Milk & Fruit Morning Snack: FrenchToastw /Fruit Lunch: Chicken Alfredo Pasta Peas and Pears Vegetarian: Veggie Chicken Alfredo Afternoon Snack: Veggie Straws	Breakfast: Yogurt & Fruit Morning Snack: Cereal Bar Lunch: Bean and Cheese Burritos Geen Beans & Oranges Vegetarian: Same Afternoon Snack: Wheat Thins w/Hummus	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers

*Variety of Cereals are served for breakfast

*Milk is served with breakfast, lunch and some afternoon snacks/Water is served with all meals and available throughout the day/100% Fruit Juice served with most afternoon Snacks