

Week C Menu



Week of: 10/20/2025

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Bagel with cream cheese, pears, milk	Grilled cheese on whole grain bread, broccoli, strawberries, and milk	Animal crackers and water	
Tuesday	Rice cereal, bananas, and milk	Turkey hot dog on whole grain bun, mixed fruit, mixed vegetables, and milk	Goldfish and water	Veggie Hot Dog
Wednesday	Waffles, applesauce, milk	Vegetarian goulash w/ vegetarian crumbles, italian bread, peas, peaches, and milk	Veggie Straws and water	
Thursday	Biscuits, jelly, pineapple, milk	Chicken alfredo, broccoli, pineapples, garlic bread, milk	Blueberry muffin and water	Plain alfredo
Friday	Nutrigrain bars, strawberries, and milk	Turkey & Cheese on whole grain bread, cucumber and carrots mix, mixed fruit, milk	Graham crackers and water	Cheese sandwich