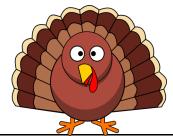


## November



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| 4)AM: English Muffins w/ jelly   | 5)AM: Cereal & Milk  | 6)AM: Cheesy hashbrowns  | 7) AM: Cereal bars & bananas   | 8)AM: Bagels w/ cream cheese  |
| L: Pizzadillas, corn, pears PM: Animal Crackers V: Same as above       | L: Sun butter & jelly sandwich, cheese cubes, cucumbers, fruit PM: Nut free Trail Mix V: Same as above | L: Bean & cheese tostadas, salad, fruit PM: Cheez its V: Same as above           | L: Fish sticks, mixed veggies, fruit PM: Pretzels V: Veggie nuggets            | L: Chicken fried rice, mixed veg-<br>gies, oranges<br>PM: Graham crackers<br>V: Veggie fried rice |
| 11)AM: Cereal bars & milk  | 12)AM: Apple sauce & grahams   | 13)AM: Cereal & Milk   | 14)AM: Muffins   | 15) AM: Pancakes & syrup  |
| L: Grilled cheese, tomato soup, fruit PM: Cereal bars V: Same as above | L: Spaghetti, broccoli, fruit<br>PM: Goldfish<br>V:  | L: Chicken nuggets, mashed potatoes, fruit PM: Veggies & ranch V: Veggie nuggets | L: Turkey wraps, smiley potatoes, fruit PM: Veggies straws V: Egg veggie wraps | L: Pizza, peas & carrots, fruit PM: Animal crackers V: Same as above                              |
| 18) AM: Fried Eggs   | 19) AM: French toast   | 20) AM: Apple sauce & grahams  | 21) AM: Cereal bars & bananas  | 22) AM: Waffles w/ syrup  |
| L: Chicken alfredo pasta, broccoli, peaches                            | L: Quesadillas, black beans, pears PM: Fig Bars  | L: Cheese ravioli, mixed veggies, fruit  | L: Chicken melt sandwich, green beans, fruit                                   | L: Cheese Lasagna, mixed veggie, fruit  |
| PM: Pretzels   | V: Cheese Quesadillas  | PM: Crackers w/ Hummus   | PM: Cheez-its  | PM: Sun butter & Crackers   |
| V: Alfredo pasta   | ·  | V: Same as above   | V: Cheese sandwich   | V: Same as above  |
| 25) AM: Pancakes w/ syrup  | 26) AM: Biscuits & jelly   | 27) AM: Yogurt w/ grahams  | 28)  | 29)   |
| L: Garlic butter noodles, mixed veggies, oranges                       | L: Lunchables, cucumber, peaches   | L: Mac & Cheese, mixed veggies, pears  | CLOSED   | CLOSED  |
| PM: Cereal bars  | PM: Goldfish   | PM: Cubed cheese and crackers  |  | -0-   |
| V: Same as above   | V: Egg Lunchables  | V: Same as above   |  |   |
| Than<br>Than   | ksgiviNg   |  |  |   |