




NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast: Bagel w/ Sun Butter Lunch: Cheese Ravioli w/ Sauce Vegetarian: Same Peas Peaches Snack: Chex Mix	2 Breakfast: Biscuits w/ Jelly Lunch: Chicken Tetrazzini Vegetarian: Tetrazzini Broccoli Applesauce Snack: Yogurt w/ Bananas	3 Breakfast: Pancakes Lunch: Turkey & Cheese Sandwich Vegetarian: Cheese Sandwich Carrots w / Ranch Fresh Apple Slices Snack: Cheez-It Crackers
6 Breakfast: Pancakes Lunch: Cheese Nachos w/ Beef Crumbles Vegetarian: Cheese Nachos Corn Peaches Snack: Pita Chips w / Hummus	7 Breakfast: Oatmeal Lunch: Chicken Nuggets Vegetarian: Veggie Nuggets Mashed Potatoes Applesauce Snack: Rice Cakes	8 Breakfast: Blueberry Muffins Lunch: Lasagna Vegetarian: Veggie Lasagna Mixed Vegetables Pears Snack: Graham Crackers w/ Sun Butter	9 Breakfast: French Toast Sticks Lunch: Hamburger Vegetarian: Veggie Burger Sweet Potato Fries Fresh Orange Slices Snack: Ritz Crackers w/ cheese	10 Breakfast: Toast w/ Jelly Lunch: Cheese Pizza Vegetarian: Same Peas Pears Snack: Sun Butter & Jelly Sandwich
13 Breakfast: Blueberry Muffin Lunch: Chicken & Rice Casserole Vegetarian: Rice Casserole Broccoli Apple Sauce Snack: Grilled Cheese Sandwiches	14 Breakfast: Cinnamon Toast Lunch: Turkey Chili w/ crackers Vegetarian: Chili w / crackers Mixed Vegetables Peaches Snack: Chex Mix	15 Breakfast: Waffles Lunch: Spaghetti w / Sauce Vegetarian: Same Peas Pears Snack: Cheese Sticks & Apple Slices	16 Breakfast: English Muffin w / Jelly Lunch: Chicken Patty Vegetarian: Veggie Burgers Green Beans Sliced Oranges Snack: Yogurt w / Bananas	17 Classroom Thanksgiving Party
20 Breakfast: Bagel w/ Sun Butter Lunch: Cheese Ravioli w/ Sauce Vegetarian: Same Broccoli Snack: Pita Chips w / Hummus	21 Breakfast: Pancakes Lunch: Chicken Tetrazzini Vegetarian: Tetrazzini Broccoli / Applesauce Snack: Rice Cakes	22 Breakfast: Oatmeal Lunch: Cheese Pizza Vegetarian: Same Cucumbers w / Ranch Peaches Snack: Fruit Bars	23  *HAPPY THANKSGIVING*	24 CLOSED
27 Breakfast: Waffles Lunch: Lasagna Vegetarian: Veggie Lasagna Mixed Vegetables / Pears Snack: Cheese Sticks w/ Apple Slices	28 Breakfast: French Toast Sticks Lunch: Turkey & Cheese Sandwich Vegetarian: Cheese Sandwich Carrots w/ Ranch / Orange Slices Snack: Chex Mix	29 Breakfast: Toast w / Jelly Lunch: Cheeseburger Macaroni Vegetarian: Macaroni Green Beans / Apple Sauce Snack: Yogurt w/ Bananas	30 Breakfast: Biscuits w/ Turkey Sausage Patty Lunch: Turkey Chili w/ Crackers Vegetarian: Chili w / Crackers Corn / Peaches Snack: Cheez-It Crackers	