Week C Menu

Week of Nov.2-Nov.6

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Cereal, Pears and Milk	Chicken Sandwich on whole grain bread, Peas and Carrots, Oranges and Milk	Goldfish & Water	
Tuesday	Bagels with Cream Cheese, Blueberries and Milk	Turkey and Cheese Sandwich on whole grain bread, Cucumbers and Carrots, Apple Slices or Applesauce and Milk	Animal Crackers and Water	Cheese Sandwich
Wednesday	Waffles, Bananas and Milk	Vegetarian Beans, Broccoli, peaches, whole grain bread and milk	Veggie Straws and water	
Thursday	Nutrigrain bars, strawberries, and milk	Chicken Alfredo, Garlic Bread,Oranges, Green Beans & Milk	Pretzels & Water	Plain alfredo
Friday	French Toast Bites, Oranges & Milk	Cheese Pizza on whole grain muffin, Mixed Fruit, Mixed Vegetables and Milk	Fig Newtons & Water	

Unflavored Whole Milk & Water will be served to children 12-24 months old.

Unflavored 1% Milk & Water will be served to children 2-12 years old.

Menus are subject to change

Each Children's Lighthouse school is independently owned and operated, and each independent owner is solely responsible for complying with all laws, policies, procedures, and regulations.

Week D Menu

Week of Nov.9-13

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Pancakes, applesauce/appleslices, and milk	Chicken Nuggets, peas and carrots, whole grain bread, pineapple & Milk	Flavored Rice Cakes and water	Veggie nuggets
Tuesday	Cereal, Bananas and Milk	Macaroni & Cheese, Broccoli and Cauflower, Melons and Milk	Cheese Crackers and Water	
Wednesday	Yogurt with Mixed Fruit & Milk	Chicken Quesodillas, Corn, Strawberries & Milk	Veggie Straws and Water	Cheese Quesodiila or Chicken Quesodilla
Thursday	Nutrigrain Bars , Pears and Milk	Sun Butter & Jelly on Whole Wheat Bread, Green Beans, Blueberries and Milk	Chesters Puffcorn and Water	
Friday	Fremch Toast Sticks, Oranges and Milk	English Muffin Pizza, mixed vegetables, mixed fruit and milk	Pretzels and Water	

Unflavored Whole Milk & Water will be served to children 12-24 months old.

Unflavored 1% Milk & Water will be served to children 2-12 years old.

Menus are subject to change

Week D Menu

Week of Nov.9-13

Weekday	AM Snack	Lunch	PM Snack

Vegetarian adjustment

Week A Menu

Week of Nov.16-20

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Waffles,peaches and milk	Chicken Nuggets,whole grain bread, Strawberries, Green Beans and Milk	Veggie Straws and Water	Veggie Nuggets
Tuesday	Bagels with cream cheese, pears and milk	Turkey and Cheese on Whole Wheat Bread, Cucumber and Carrot Mix, Apple Slices /Applesauce and Milk	Fig Newtons and Water	
Wednesday	Nutrigrain bars, bananas and milk	Spaghetti and Veggie Meat Sauce, Broccoli & Cauflower, Blueberries and Milk	Graham Crackers and Water	
Thursday	Cold Cereal, Peaches and Milk	Sun Butter and Jelly on Whole Wheat Bread, Applesauce, Green Beans and Milk	Goldfish and Water	
Friday	French toast bites, mandarin oranges and milk	Whole Grain English Muffin Pizza, Mixed Vegetables, Mixed Fruit and Milk	Cheese its and water	

Unflavored Whole Milk & Water will be served to children 12-24 months old.

Unflavored 1% Milk & Water will be served to children 2-12 years old.

Menus are subject to change

Menus FINAL- NO CHANGES
11/3/2026

Week B Menu

Week of Nov. 23-27

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Yogurt, mixed fruit & milk	Chicken patty on whole grain bread, peas and carrots, peaches, and milk	Cinnamon graham crackers and water	Veggie Patty
Tuesday		Sunbutter and jelly on whole grain bread, apple slices/applesauce, corn, milk	Flavored rice cakes and water	
Wednesday	French Toast Sticks, Mandarin Oranges and Mlk	Rotisserie Chicken, Mashed Potatoes, Green Beans, Apples, Rolls and Milk		
Thursday	Happy Thanksgiving			Plain Alfredo
Friday	Happy Thanksgiving			