






November 2023



<p>Mon- Yogurt with Graham Crackers Tues- Pancakes Wed- Sausage Biscuit Thurs- Chef's Choice Fri- Cinnamon Toast C</p>	<p>Oct 30 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water</p>	<p>Oct 31 Beef Meatballs w/ Brown Gravy & Rice Green Beans Mandarin Oranges Milk or Water</p>	<p>1 Chicken Fajitas Vegetarian Refried Beans Pineapple Milk or Water</p>	<p>2 Salisbury Steak Gravy & Rice Mixed Vegetables Peaches Milk or Water</p>	<p>3 Turkey & Cheese Wraps Carrots w/ Ranch Fresh Banana Milk or Water</p>	<p>Mon- Granola Bars Tues- Fresh Sliced Apples Wed- Teddy Grahams Thurs- Cheez Its Fri- Chef's Choice </p>
<p>Mon- Waffles Tues- Chocolate Chip Muffins Wed- Biscuits & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast A</p>	<p>6 Chicken & Cheese Quesadilla Corn Mixed Fruit Milk or Water</p>	<p>7 Hamburger w/ Pickles Vegetarian Baked Beans Pineapple Milk or Water</p>	<p>8 Chicken Alfredo Green Beans Peaches Milk or Water</p>	<p>9 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water</p>	<p>10 Cheese Pizza Salad Applesauce Milk or Water</p>	<p>Mon- Goldfish Tues- Ritz Crackers Wed- Teddy Grahams Thurs- Fruit Bars Fri- Chef's Choice </p>
<p>Mon- French Toast Tues- Cinnamon Muffins Wed- Biscuits & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast B</p>	<p>13 Chicken Sandwich Buttered Carrots Mandarin Oranges Milk or Water</p>	<p>14 Macaroni and Cheese Green Beans Peaches Milk or Water</p>	<p>15 Baked Spaghetti w/ Meat Marinara Mixed Vegetables Diced Pears Milk or Water</p>	<p>16 Chicken Noodle Soup Grilled Cheese Banana Milk or Water</p>	<p>17 Chicken Nuggets Mashed Potatoes Mixed Vegetables Diced Pears Milk or Water</p>	<p>Mon- Granola Bars Tues- Fresh Sliced Apples Wed- Cheez Its Thurs- Ritz Crackers Fri- Chef's Choice </p>
<p>Mon- Yogurt with Graham Crackers Tues- Pancakes Wed- Sausage Biscuit Thurs- Chef's Choice Fri- Cinnamon Toast C</p>	<p>20 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water</p>	<p>21 Beef Meatballs w/ Brown Gravy & Rice Green Beans Mandarin Oranges Milk or Water</p>	<p>22 Roast Turkey w/ Gravy Mashed Potatoes Green Beans & Rolls Cranberry Sauce</p>	<p>23 CLOSED</p>	<p>24 CLOSED</p>	<p>Mon- Granola Bars Tues- Fresh Sliced Apples Wed- Teddy Grahams Thurs- CLOSED Fri- CLOSED </p>
<p>Mon- Waffles Tues- Chocolate Chip Muffins Wed- Biscuits & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast A</p>	<p>27 Chicken & Cheese Quesadilla Corn Mixed Fruit Milk or Water</p>	<p>28 Hamburger w/ Pickles Vegetarian Baked Beans Pineapple Milk or Water</p>	<p>29 Chicken Alfredo Green Beans Peaches Milk or Water</p>	<p>30 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water</p>	<p>Dec. 1st Cheese Pizza Salad Applesauce Milk or Water</p>	<p>Mon- Goldfish Tues- Ritz Crackers Wed- Teddy Grahams Thurs- Fruit Bars Fri- Chef's Choice </p>