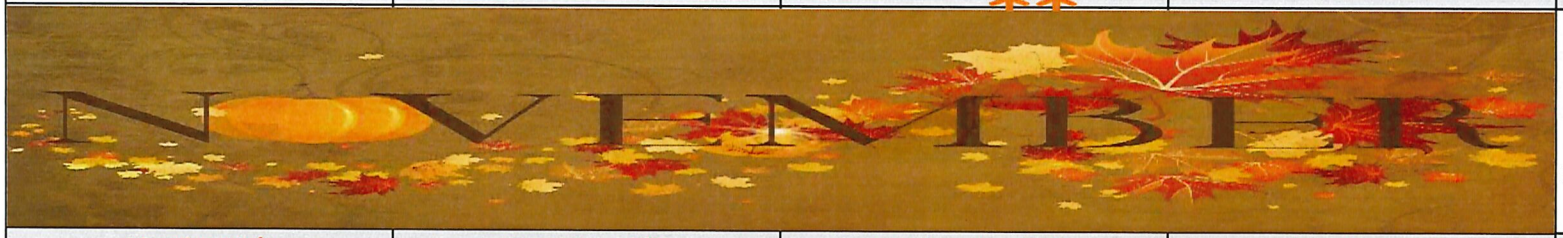
CHILDREN'S LIGHTHOUSE
EARLY LEARNING SCHOOL

2024



				Friday 11/1
				Breakfast:Oatmeal w/ berries Lunch: Chicken Fajitas on whole wheat tortilla, refried beans and broccoli Snack:Pretzels & Cheese
Monday 11/4	*Tuesday 11/5*	*Wednesday 11/6*	*Thursday 11/7*	*Friday 11/8*
Breakfast: Pancakes and peaches Lunch: Chili Mac, buttered bread, salad and pears Snack: Sunchips and fruit	Breakfast: Yogurt w/granola & blueberries Lunch: Chicken nuggets, green beans, wheat bread and Mandarin oranges Snack: Goldfish crackers & fruit	Breakfast: Sausage & Tortillas Lunch: NATIONAL NACHO DAY Nachos w/refried beans, Salad & Mandarin oranges Snack: Rice cakes and fruit	Breakfast: French toast w/ strawberries Lunch: Beef Ravioli green beans, wheat bread Pears Snack: Whole grain baked cheetos & fruit	Breakfast: Muffins & Mandarins Lunch: Turkey & cheese on whole wheat, fresh fruit & veggies Snack: Ritz cracker & Juice
Monday 11/11	*Tuesday 11/12*	*Wednesday 11/13*	*Thursday 11/14*	*Friday 11/15*
Breakfast:Oatmeal w/ berries Lunch: Grilled cheese on wheat, mixed veggies and fruit Snack:Pretzels & Cheese	Breakfast: Cereal and banana Lunch Chicken patty on wheat bun, broccoli and appleslices Snack: Carrot chips and hummus	Breakfast: Cheese toast & pears Lunch: Turkey, Rice w/ Broccoli, wheat bread and Mixed fruit. Snack: Animal crackers and apples	Breakfast: Waffles & Strawberries National Pickle day Lunch: Cheeseburger on wheat tator tots and Pineapples Snack: multigrain crisps and cheese	Breakfast: Sausage patty on WW biscuit & fruit Lunch: Fish sticks, corn, wheat bread and fruit Snack: Veggie crackers and fruit
Monday 11/18	*Tuesday 11/19*	*Wednesday 11/20*	*Thursday 11/21*	*Friday 11/22*
Breakfast: French toast w/ fruit Lunch: Chicken Pot pie, Broccoli, wheat bread and Mandarin oranges Snack: Goldfish pretzel and sun butter	Breakfast: Yogurt w/granola & Strawberries Lunch: Chicken enchilada casserole, broccoli & pineapples Snack: Chex mix and fruit	Breakfast: Biscuit w/ Fruit jam Lunch: Mac n cheese w/ham, Mixed veggies and peaches Snack: oranges and Wheat crackers	Breakfast: English Muffins w/ Mandarins Lunch: Turkey w/gravy, Mashpotatoes, Green beans and wheat roll Snack: Cheez-it and fruit	Breakfast: WG turkey sausage breakfast pizza & mixed fruit Lunch: Salisbury steak, Wheat bread, corn & pears Snack:Veggie crackers & apples
Monday 11/25	*Tuesday 11/26*	*Wednesday 11/27*	*Thursday 11/28*	*Friday 11/29*
Breakfast: National Parfait day Lunch: Turkey hotdogs on wheat bun, green beans & Pears Snack: Teddy grahams & fruit	Breakfast: Cheese tosat & fruit Lunch: Beef & bean burrito w/salad and appleslices snack: Rice cakes & fruit	Breakfast: Cereal and banana Lunch: Tator tot casserole, wheat bread, peas and pineapples Snack: Graham cracker & fruit		**We Will Be Closed Thursday & Friday November 28th & 29th** to allow our employees time with their families **We Will Reopen on Monday, December 2nd**

milk served w/ breakfast and Lunch

water served with snack