FARM to TABLE CATERING
Healthy Organic Kids

November Menu

NO FRIED FOODS!!

Monday, November 02, 2026	Tuesday, November 03, 2026	Wednesday, November 04, 2026	Thursday, November 05, 2026	Friday, November 06, 2026
Mega Mac & Cheese - **V, EF** Pasta Green Beans Cantaloupe **GF: GF Pasta w/ Cheese Sauce** **Vegan, DF: Cheesy Vegan Pasta**	Chicken Fajitas - **DF, EF** Flour Tortillas Broccoli Bananas **V, Vegan: Bean Fajitas** **GF: Corn Tortilla**	BBQ Meatballs Dinner Roll Sliced Carrots Pineapple **V, Vegan, DF,EF, GF: BBQ Veggie Meatballs** **GF: White Rice**	Turkey Meatloaf - **EF, GF** Wheat Bread Cauliflower Honeydew **V, Vegan, DF - Veggie Patty** **GF: Gluten Free Bread**	Pizza Day - **V, EF** Flour Pizza Crust Cucumbers Fruit Salad **DF: Pizza w/Turkey Pepperoni** **GF: Gluten Free Pizza w/ Cheese** **Vegan: Pizza w/ Vegan Cheese**
Monday, November 09, 2026	**Tuesday, November 10, 2026**	**Wednesday, November 11, 2026**	**Thursday, November 12, 2026**	**Friday, November 13, 2026**
Pasta Alfredo - **V, EF** Pasta Sliced Carrots Honeydew **DF, Vegan: Pasta Marinara Vegan Cheese** **GF: GF Pasta Alfredo**	Cheesy Chicken Broccoli - **EF, GF** Whole Grain Brown Rice Broccoli Bananas **V, Vegan, DF: Tofu Broccoli Casserole**	Turkey Lentil Sloppy Joes - **DF, EF** Dinner Roll Peas and Carrots Cantaloupe **V, Vegan: Lentil & Bean Sloppy Joe** **GF: White Rice**	Italian Meatball Sub Mini Hoagie Green Beans Pineapple **V, Vegan, DF,EF, GF: Veggie Meatball Sub** **GF: Whole Grain Brown Rice**	Pepperoni Pizza Pasta - **EF** Pasta Cauliflower Fruit Salad **V, Vegan, DF: Veggie Pizza Pasta** **GF: GF Veggie Pizza Pasta**
Monday, November 16, 2026	**Tuesday, November 17, 2026**	**Wednesday, November 18, 2026**	**Thursday, November 19, 2026**	**Friday, November 20, 2026**
Cheesy Red Pepper Pasta - **V, EF** Pasta Peas and Carrots Honeydew **Vegan, DF, GF: Chickpea Pasta w/ DF Red Pepper Sauce**	Turkey Taco Tuesday! - **EF** Flour Tortillas Lettuce, Salsa, Cheese Bananas **V, Vegan: Veggie &Bean Taco** **GF: Corn Tortilla**	Cheesy Chicken Philly **- EF** Mini Hoagie Sliced Carrots Pineapple **V, Vegan, DF: White Bean Philly** **GF: White Rice**	Swedish Meatballs Mashed Potatoes Green Beans Cantaloupe **V, Vegan, DF, EF, GF: Veggie Meatballs** **Vegan, DF: Roasted Potatoes**	Pizza Day - **V, EF** Flour Pizza Crust Cucumbers Fruit Salad **DF: Pizza w/Turkey Pepperoni** **GF: Gluten Free Pizza w/ Cheese** **Vegan: Pizza w/ Vegan Cheese**
Monday, November 23, 2026	**Tuesday, November 24, 2026**	**Wednesday, November 25, 2026**	**Thursday, November 26, 2026**	**Friday, November 27, 2026**
Pasta Fagioli - **V, Vegan, DF, EF** (Parmesan Cheese on the Side) Green Beans Cantaloupe **GF: Entrée w/ GF Pasta**	Teriyaki Chicken - **DF, EF, GF** Vegetable Rice (Peas and Carrots) Bananas **V, Vegan: Tofu Teriyaki**	Slow Roasted Turkey - **DF, EF** Mashed Potatoes (contain dairy) Glazed Baby Carrots Cranberry Sauce **V, Vegan, GF: Vegan Sheppard's Pie** **Vegan, DF: Roasted Sweet Potatoes**	**Happy Thanksgiving!**	BBQ Chicken Salad (served cold) - **DF. EF** Mini Hoagie Cucumbers Fruit Salad **V, Vegan: Sunbutter and Jelly** **GF: Gluten Free Bread**

Disclaimer: For a complete list of ingredients, please refer to the official ingredient list provided.
All meals prepared in a facility that handles wheat and wheat-based products