



November Menu

NO FRIED FOODS!!

Monday, November 03, 2025	Tuesday, November 04, 2025	Wednesday, November 05, 2025	Thursday, November 06, 2025	Friday, November 07, 2025
Mega Mac & Cheese - <u>V, EF</u> Pasta Peas and Carrots Cantaloupe <u>GF: GF Pasta w/ Cheese Sauce</u> <u>Vegan, DF: Cheesy Vegan Pasta</u>	Turkey Taco Tuesday! - <u>EF</u> Flour Tortillas Lettuce, Salsa Bananas <u>V, Vegan: Veggie & Bean Taco</u> <u>GF: Corn Tortilla</u>	Cheesy Chicken Broccoli - <u>EF, GF</u> Whole Grain Brown Rice Broccoli Pineapple <u>V, Vegan, DF: Tofu Broccoli Casserole</u>	Turkey Meatloaf - <u>EF, GF</u> Wheat Bread Green Beans Honeydew <u>V, Vegan, DF: Veggie Patty</u> <u>GF: Gluten Free Bread</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, November 10, 2025	Tuesday, November 11, 2025	Wednesday, November 12, 2025	Thursday, November 13, 2025	Friday, November 14, 2025
Creamy Pesto Pasta - <u>V, EF</u> Pasta Sliced Carrots Honeydew <u>DF, Vegan: DF Pesto Pasta w/ Vegan Cheese</u> <u>GF: GF Creamy Pesto Pasta</u>	Chicken Chickpea Gyros - <u>EF</u> Pita Bread Broccoli Bananas <u>V, Vegan, DF: Chickpea and Veggie Gyros</u> <u>GF: Whole Grain Brown Rice</u>	Turkey Lentil Sloppy Joes - <u>DF, EF</u> Dinner Roll Peas and Carrots Cantaloupe <u>V, Vegan: Lentil & Bean Sloppy Joe</u> <u>GF: White Rice</u>	BBQ Beef Meatballs White Rice Cucumber Dill Salad Pineapple <u>V, Vegan, DF, EF, GF: BBQ Veggie Meatballs</u>	Pepperoni Pizza Pasta - <u>EF</u> Pasta Green Beans Fruit Salad <u>V, Vegan, DF: Veggie Pizza Pasta</u> <u>GF: GF Veggie Pizza Pasta</u>
Monday, November 17, 2025	Tuesday, November 18, 2025	Wednesday, November 19, 2025	Thursday, November 20, 2025	Friday, November 21, 2025
Pasta Fagioli - <u>V, Vegan, DF, EF</u> (Parmesan Cheese on the Side) Peas and Carrots Cantaloupe <u>GF: Entrée w/ GF Pasta</u>	Chicken Fajitas - <u>DF, EF</u> Flour Tortillas Cauliflower Bananas <u>V, Vegan: Bean Fajitas</u> <u>GF: Corn Tortilla</u>	Red Pepper Turkey - <u>EF, GF</u> Whole Grain Brown Rice Vegan Cole Slaw Pineapple <u>V, Vegan, DF: Tofu w/ DF Sauce</u>	Cheesy Chicken Philly - <u>EF</u> Mini Hoagie Butternut Squash Honeydew <u>V, Vegan, DF: White Bean Philly</u> <u>GF: White Rice</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, November 24, 2025	Tuesday, November 25, 2025	Wednesday, November 26, 2025	Thursday, November 27, 2025	Friday, November 28, 2025
Pasta Alfredo - <u>V, EF</u> Pasta Sliced Carrots Honeydew <u>DF, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>	Meatball Slider Dinner Roll Cauliflower Bananas <u>V, Vegan, DF, EF: Tofu Slider</u> <u>GF: Tofu Slider w/ GF Bread</u>	Slow Roasted Turkey - <u>DF, EF</u> Mashed Potatoes (contain Dairy) Glazed Baby Carrots Cranberry Sauce <u>V, Vegan, GF: Vegan Sheppard's Pie</u> <u>Vegan, DF: Roasted Sweet Potatoes</u>	Happy Thanksgiving!	BBQ Chicken Salad - <u>DF, EF</u> Mini Hoagie Cucumbers Fruit Salad <u>V, Vegan: Sunbutter and Jelly</u> <u>GF: Gluten Free Bread</u>

Disclaimer: For a complete list of ingredients, please refer to the official ingredient list provided.
All meals prepared in a facility that handles wheat and wheat-based products