

CHILDREN'S LIGHTHOUSE NOVember 2025

Mon- Waffles	3	4	5	6	7	Mon- Goldfish
Tues- Chocolate Chip	Chicken & Cheese	Hamburger	Turkey & Cheese Wraps	Chicken Alfredo	Cheese Pizza	Tues- Ritz Crackers w/
Muffins	Quesadilla	Vegetarian Baked	Carrots w/ Ranch	Green Beans	Salad	Cheese
Wed-Sausage Biscuits	Buttered Carrots	Beans	Peaches	Mandarin Oranges	Applesauce	Wed- Teddy Grahams
Thurs-Bagels & Cream	Mixed Fruit	Pineapple	Milk or Water	Milk or Water	Milk or Water	Thurs-Fig Bars
Cheese	Milk or Water	Milk or Water	Vegetarian Option:	Vegetarian Option:		Fri- Chef's Choice
Fri- Cheese Wheat Toast	Vegetarian Option:	Vegetarian Option:	Cheese Wrap	Alfredo	100 PM	
A	Cheese Quesadilla	Veggie Burger				
Mon- French Toast	10	11	12	13	14	Mon- Vanilla Wafers
Tues- Cinnamon Muffins	Macaroni and Cheese	Soft Tacos	Baked Spaghetti w/	Sweet & Sour Meatballs	Chicken Nuggets	Tues- Animal Crackers
Wed-Pancakes	Refried Beans	Spanish Rice	Meat Marinara	w/ White Rice	Mashed Potatoes	Wed-Cheez Its
Thurs-Bagels & Cream	Peas & Carrots	Corn	Mixed Vegetables	Peas & Carrots	Broccoli	Thurs-Ritz Crackers
Cheese	Peaches	Applesauce	Pineapples	Mixed Fruit	Fresh Banana	Fri- Chef's Choice
Fri- Toast & Applesauce	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water	GIN SOL
В	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	711
	Mac & Cheese	Cheese Taco	Spaghetti	Sweet and Sour	Veggie Nuggets	
	Muc & Cheese	Cheese laco	spagnem	Veggie Nuggets	1099i0 110990i3	27.
Mon-Yogurt	17	18	19	20	21	Mon- Nutra Grain Bar
Tues-Pancakes	Chili Macaroni	Meatballs w/ Brown	Chicken Fajitas	Chicken Crispitos	Chicken Sandwich	Tues- Carrots w/ Ranch
Wed- Muffins	Peas & Carrots	Gravy & Rice	Vegetarian Refried	Spanish Rice w/	Green Beans	Wed- Pretzels
Thurs- Chef's Choice	Mixed Fruit	Mixed Vegetables	Beans	Sweet Corn	Peaches	Thurs-Graham Crackers
Fri- Cinnamon Toast	Milk or Water	Mandarin Oranges	Pineapples Pineapples	Apples	Milk or Water	Fri- Chef's Choice
C	Vegetarian Option:	Milk or Water	Milk or Water	Milk or Water	Vegetarian Option:	0 70
	Mac & Cheese	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	Veggie Nuggets	()
1. 320		Veggie Nuggets	Bean & Cheese Taco	Cheese Quesadilla		
Mon- Waffles	24	25	26	27	28	Mon- Goldfish
Tues- Chocolate Chip	Chicken & Cheese	Hamburger	Turkey & Cheese Wraps	Chicken Alfredo	Cheese Pizza	Tues- Ritz Crackers w/
Muffins	Quesadilla	Vegetarian Baked	Carrots w/ Ranch	Green Beans	Salad	Cheese
Wed-Sausage Biscuits	Buttered Carrots	Beans	Peaches	Mandarin Oranges	Applesauce	Wed-Teddy Grahams
Thurs-Bagels & Cream	Mixed Fruit	Pineapple	Milk or Water	Milk or Water	Milk or Water	Thurs-Fig Bars
Cheese	Milk or Water	Milk or Water	Vegetarian Option:	Vegetarian Option:	5	Fri- Chef's Choice
Fri- Cheese Wheat Toast	Vegetarian Option:	Vegetarian Option:	Cheese Wrap	Alfredo		
A	Cheese Quesadilla	Veggie Burger	Choose Map	7 anodo		
Mon- French Toast	Dec. 1	Dec. 2	Dec. 3	Dec. 4	Dec. 5	Mon- Vanilla Wafers
Tues- Cinnamon Muffins	Macaroni and Cheese	Soft Tacos	Baked Spaghetti w/	Sweet & Sour Meatballs	Chicken Nuggets	Tues- Animal Crackers
Wed-Pancakes	Refried Beans	Spanish Rice	Meat Marinara	w/ White Rice	Mashed Potatoes	Wed-Cheez Its
Thurs-Bagels & Cream	Peas & Carrots	Corn	Mixed Vegetables	Peas & Carrots	Broccoli	Thurs-Ritz Crackers
Cheese	Peaches	Applesauce	Pineapples	Mixed Fruit	Fresh Banana	Fri- Chef's Choice
Fri- Toast & Applesauce	Milk or Water	Milk or Water	Milk or Water	Milk or Water	Milk or Water	5.1613 5116165
B	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	Vegetarian Option:	
THAN 6 YI	Mac & Cheese	Cheese Taco	Spaghetti	<mark>Sweet an</mark> d Sour	Veggie Nuggets	
	Muc & Cheese	Cheese laco	spagneni	Veggie Nuggets	, oggic raoggeis	