



November School Menu 2024

Morning Snack Served with Fresh Fruit	Monday	Tuesday	Wednesday	Thursday	Friday	Afternoon Snack
Mon.- Whole Wheat Toast w/pineapples Tues.- French Toast Sticks w/pears Wed.- Cinnamon Raisin Bread w/apple sauce Thurs.- Vanilla Yogurt w/mixed berries Fri.- Whole Wheat Pancakes w/applesauce					1 Cheeseburger, Mixed Veggies Mixed Fruit	Mon.- Ritz Crackers w/apples Tues.- Graham Crackers w/bananas Wed.- Animal Crackers w/oranges Thurs.- Trail Mix w/bananas Fri.- Sweet Potato Crackers w/oranges
Mon.- Pancake w/pineapples Tues.- Cornbread w/pears Wed.- Cheerios & Raisins w/pears Thurs.- Blueberry Muffins w/apples Fri.- Whole Wheat Waffles w/apple sauce	4 Chicken Sandwich Green Peas Melons *Veggie Chicken	5 Chicken and Rice Broccoli Pears *Veggie Chicken	6 Cheese Quesadilla Carrots, Beans Apple Sauce *Cheese Quesadilla	7 Chicken Tetrizzini Green Peas Apples *Veggie Chicken	8 Cheese Pizza Mixed Veggies Mixed Fruit	Mon.- Cheese Itz w/apples Tues.- club crackers w/bananas Wed.- Wheat Thins w/oranges Thurs.- Animal Crackers w/bananas Fri.- Saltine Crackers w/oranges
Mon.- Whole Wheat Toast w/pineapples Tues.- French Toast Sticks w/pears Wed.- Cinnamon Raisin Bread w/apple sauce Thurs.- Vanilla Yogurt w/mixed berries Fri.- Whole Wheat Pancakes w/applesauce	11 Chicken Alfredo Broccoli Melons *Veggie Chicken	12 Cheese Ravioli, Corn, Pears	13 Chicken Quesadilla Green Beans Pineapple *Cheese Quesadilla	14 Mac N Cheese Green Peas Apples	15 Cheeseburger, Mixed Veggies Mixed Fruit	Mon.- Animal Crackers w/apples Tues.- Graham Crackers w/bananas Wed.- Ritz Crackers w/oranges Thurs.- Trail Mix w/bananas Fri.- Sweet Potato Crackers w/oranges
Mon.- Pancake w/pineapples Tues.- Cornbread w/applesauce Wed.- Cheerios & Raisins w/pears Thurs.- Blueberry Muffins w/apples Fri.- Whole Wheat Waffles w/applesauce	18 Beef Spaghetti Green Peas Melon *Cheese Quesadilla	19 Turkey Sandwich Carrots Pears *Cheese Sandwich	20 Beans and Cheese Quesadilla Green Beans Pineapples	21 Thanksgiving Family Feast 	22 Cheese Pizza Mixed Veggies Mixed Fruit	Mon.- Cheese Itz w/apples Tues.- club crackers w/bananas Wed.- Wheat Thins w/oranges Thurs.- Animal Crackers w/bananas Fri.- Saltine Crackers w/oranges
Mon.- Whole Wheat Toast w/pineapples Tues.- French Toast Sticks w/pears Wed.- Cinnamon Raisin Bread w/apple sauce Thurs.- Vanilla Yogurt w/mixed berries Fri.- Whole Wheat Pancakes w/applesauce	25 Mac N Cheese Broccoli Melon	26 Cheese Ravioli Corn Pears	27 Chicken Sandwich Green Peas Apples *Cheese Sandwich	28 School Closed 	29 School Closed 	Mon.- Ritz Crackers w/apples Tues.- Graham Crackers w/bananas Wed.- Animal Crackers w/oranges Thurs.- Trail Mix w/bananas Fri.- Sweet Potato Crackers w/oranges

*Vegetarian Adjustment

-Variety of Cereal served for early breakfast 6:30 AM TO 7:30 AM

-Water served with every meal