

# November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Week 1</u></b> AM Snack  Lunch  Vegetarian  PM Snack 1 PM Snack 2	5 Bagels w/cream cheese, Milk Baked Ziti, Broccoli, Banana, Milk Cheese & Crackers NutriGrain Bar	6 English Muffins, Strawberries, Milk Grilled Cheese, Tomato Soup, Milk Goldfish & Yogurt Teddy Grahams	7 Waffles, Cantaloupe, Milk Chicken & Rice Casserole, Cantaloupe, Milk (Vegetable & Rice Casserole) Pita Bread & Salsa Chex Mix	8 Hash browns, Apples, Milk Chicken Sandwich, Corn, Apples, Milk (Veggie Burger) Cheez-its & Applesauce Vanilla Wafers	9 Cereal, Oranges, Milk Fish sticks, Peas & Corn, Oranges, Milk (Mozzarella sticks) Banana bread & Milk Graham Crackers
<b><u>Week 2</u></b> AM Snack  Lunch  Vegetarian  PM Snack 1 PM Snack 2	12 Pancakes w/Honey, Bananas, Milk Chicken Nuggets, Potato tots, Bananas, Milk (Veggie Nuggets) Trail Mix Goldfish	13 Yogurt & Granola, Milk Chicken Alfredo w/ Noodles, Broccoli, Apple Slices & Milk (Alfredo w/ Noodles) Crackers w/ Sun butter Chex Mix	14 Turkey Sausage Biscuits, Milk (Biscuits w/ jelly) BBQ Chicken, Carrots, Applesauce, Milk (Baked beans) Fig bar	15 Cheese Toast, Oranges, Milk Salisbury Steak w/ Rice, Green beans, Orange Slices & Milk (Pinto beans w/ Rice) Carrots & Ranch NutriGrain Bar	16 Oatmeal, Apples & Milk Cheese Pizza w/ Naan bread, Mixed Veggies, Pineapples, Milk Animal Crackers Graham Crackers
<b><u>Week 3</u></b> AM Snack  Lunch Vegetarian  PM Snack 1 PM Snack 2	19 Blueberry Muffin, Cheese, Milk Tortilla Soup, Oranges, Milk Cucumbers & Ranch Cheez-its	20 Cereal, Pineapples & Milk Thanksgiving Meal Graham Crackers & Cream cheese Chex Mix	21 Cinnamon Toast, Apples, Milk Mac & Cheese, Green beans, apples, Milk Goldfish	22 <b>Closed</b>	23 <b>Closed</b>
<b><u>Week 4</u></b> AM Snack  Lunch Vegetarian  PM Snack 1 PM Snack 2	26 Biscuit w/ Jelly, Cantaloupe, Milk Cheese Ravioli, Green beans, Cantaloupe, Milk Cheez-its w/ Applesauce Chex Mix	27 Bagels, Apples, Milk Turkey & Cheese Sandwich, Corn, Mixed fruit, Milk (Cheese Sandwich) Cucumbers & Ranch Goldfish	28 French Toast Sticks, Applesauce, Milk Spaghetti w/ meatballs, peas, banana (Spaghetti w/ sauce) Sun butter & Crackers Graham Crackers	29 Yogurt & Granola, Milk Turkey Corndogs, Corn, Apple Slices & Milk (Veggie Burger) Tortillas w/ Salsa Fig bar	30 Cereal, Oranges, Milk Cheese Pizza, Broccoli, Oranges, Milk Vanilla Wafers & Yogurt NutriGrain Bar