





# Children's Lighthouse

1801 Bagdad Road  
Cedar Park, TX 78613

# November 2017



		<b>Wednesday 11/1</b>	<b>Thursday 11/2</b>	<b>Friday 11/3</b>
		am String Cheese Meatballs w/ Gravy Steamed Rice Pineapple pm Vanilla Wafers	am Graham Crackers Cheeseburger Spanish Rice Apple Slices pm Goldfish Crackers	am Waffles Beef Fingers Carrots Tropical Fruit pm Fig Newtons
<b>Monday 11/6</b>	<b>Tuesday 11/7</b>	<b>Wednesday 11/8</b>	<b>Thursday 11/9</b>	<b>Friday 11/10</b>
am Bagels w/ Cream Cheese Mac-n-Cheese w/ Ham Mixed Vegetables Bananas pm Applesauce	am Muffins Chicken Spaghetti Broccoli Peaches pm Animal Crackers	am Tortilla Cheese Melts Salisbury Steak Mashed Potatoes Tropical Fruit pm Yogurt	am Rice Cakes Chicken, Broccoli, Rice & Cheese Casserole Mixed Fruit pm Tortillas w/ Cream Cheese	am String Cheese Chicken Nuggets Tatertots Pears pm Pretzels
<b>Monday 11/13</b>	<b>Tuesday 11/14</b>	<b>Wednesday 11/15</b>	<b>Thursday 11/16</b>	<b>Friday 11/17</b>
am Waffles Chicken Spaghetti Corn Tropical Fruit pm Cheez-It Crackers	am Nurti-Grain Bars Cheeseburger Tatertots Pears pm Tortillas w/ Cream Cheese	am Muffins Chicken Nuggets Spanish Rice Peaches pm Rice Cakes	am French Toast Sticks Spaghetti with Meat Sauce Green Beans Pineapples pm Fig Newton's	am Cereal with Milk Chicken & Rice Bake Peas Mandarin Oranges pm Animal Crackers
<b>Monday 11/20</b>	<b>Tuesday 11/21</b>	<b>Wednesday 11/22</b>	<b>Thursday 11/23</b>	<b>Friday 11/24</b>
am Graham Crackers Meatballs w/ Gravy White Rice Bananas pm Yogurt	am String Cheese Beef Fingers Peas Tropical Fruit pm Animal Crackers	am French Toast Sticks Turkey & Cheese Wraps Green Beans Mandarin Oranges pm Vanilla Wafers	Children's Lighthouse is closed for the Thanksgiving holidays.  Please enjoy this time with your family and friends.	
<b>Monday 11/27</b>	<b>Tuesday 11/28</b>	<b>Wednesday 11/29</b>	<b>Thursday 11/30</b>	
am Cereal with Milk Salisbury Steak Broccoli Peaches pm Graham Crackers	am French Toast Sticks Spaghetti with Meat Sauce Corn Pears pm Teddy Grahams	am Rice Cakes Mac-n-Cheese w/ Ham Mixed Vegetables Pineapples pm Applesauce	am Muffins Chicken Spaghetti Peas Mixed Fruit pm Tortillas w/ Cream Cheese	

Water is served with snack.

Milk is served with lunch.

