

## Children's Lighthouse of Nottingham A, B, C Menu

We are a juice free facility. Milk and water will be served at Lunch.

	Week A	Week B	Week C
Monday	<p><b>AM Snack:</b> Sausage &amp; Biscuit</p> <p><b>Lunch:</b> Meatballs w/Pasta Carrots Apple Slices/Applesauce</p> <p><b>PM Snack:</b> Pretzels</p>	<p><b>AM Snack:</b> Yogurt with Graham Crackers</p> <p><b>Lunch:</b> Chicken Alfredo Peas Peaches</p> <p><b>PM Snack:</b> Animal Crackers</p>	<p><b>AM Snack:</b> English Muffin with Applesauce</p> <p><b>Lunch:</b> Fish Sticks Green Beans Mandarin Oranges</p> <p><b>PM Snack:</b> Whole Wheat Goldfish</p>
Tuesday	<p><b>AM Snack:</b> French Toast Sticks</p> <p><b>Lunch:</b> Chicken Sandwich w/ Pickles Green Beans Tropical Fruit</p> <p><b>PM Snack:</b> Fruit Cereal Bars</p>	<p><b>AM Snack:</b> Blueberry Muffins</p> <p><b>Lunch:</b> Cheeseburgers Fries Mandarin Oranges</p> <p><b>PM Snack:</b> Oatmeal Cookies</p>	<p><b>AM Snack:</b> Waffles with Syrup</p> <p><b>Lunch:</b> Chicken Crispitos Peas Tropical Fruit</p> <p><b>PM Snack:</b> Natures Bakery Fig Bars</p>
Wednesday	<p><b>AM Snack:</b> Blueberry Pancakes</p> <p><b>Lunch:</b> Bean &amp; Cheese Burrito Corn Peaches</p> <p><b>PM Snack:</b> Animal Crackers</p>	<p><b>AM Snack:</b> Sausage &amp; Biscuit</p> <p><b>Lunch:</b> Meatballs in Brown Gravy Mashed Potatoes Carrots</p> <p><b>PM Snack:</b> Whole Wheat Goldfish</p>	<p><b>AM Snack:</b> Yogurt with Graham Crackers</p> <p><b>Lunch:</b> Chicken Fingers Green Beans Apples/Applesauce</p> <p><b>PM Snack:</b> Graham Crackers</p>
Thursday	<p><b>AM Snack:</b> English Muffin with Applesauce</p> <p><b>Lunch:</b> Chicken Nuggets Peas &amp; Carrots Oranges/Mandarin Oranges</p> <p><b>PM Snack:</b> Whole Wheat Goldfish</p>	<p><b>AM Snack:</b> French Toast sticks</p> <p><b>Lunch:</b> Ck Nuggets Baked Beans Pears</p> <p><b>PM Snack:</b> Ritz Crackers &amp; String Cheese</p>	<p><b>AM Snack:</b> Blueberry Muffins</p> <p><b>Lunch:</b> ChickaRonnie Mixed Veggies Peaches</p> <p><b>PM Snack:</b> Animal Crackers</p>
Friday	<p><b>AM Snack:</b> Hashbrowns w/ Cheese</p> <p><b>Lunch:</b> Spanish Rice Grilled Chicken Pears</p> <p><b>PM Snack:</b> Oatmeal Cookies</p>	<p><b>AM Snack:</b> Oatmeal w/ Cinnamon and Peaches</p> <p><b>Lunch:</b> Chicken Crispitos Mixed Veggies Tropical Fruit</p> <p><b>PM Snack:</b> Pretzels</p>	<p><b>AM Snack:</b> Sausage &amp; Biscuit</p> <p><b>Lunch:</b> Cheese Pizza Corn Pears</p> <p><b>PM Snack:</b> Cheeze Itz</p>

6:30-7:30 Children will be offered a breakfast option of cereal and milk. If your child would like to bring in a nut-free breakfast they may do so until 7:30AM.

Opening classrooms will be offered cereal and milk. You may bring a breakfast item in for your child to eat.

We do not serve raw food, everything that we serve is pre-cooked.