

CHILDRENS LIGHTHOUSE OF MCKINNEY

JULY

Newsletter

HAND WASHING

Hand washing is like a "do-it-yourself" vaccine. It involves five simple and effective steps--Wet, Lather, Scrub, Rinse, Dry--you can take to reduce the spread of diarrheal and respiratory illness so you can stay healthy. Regular hand washing, particularly before and after certain activities, is one of the best ways to remove germs, avoid getting sick, and prevent the spread of germs to others.

www.cdc.gov/handwashing

Childrens Lighthouse emphasizes stringent hand washing and sanitation procedures (such as "covering" a cough and the use of our Halo disinfectant machine), both as a part of our daily routine and as a specific part of our curriculum, beginning at age two. We also require our teachers to wash their hands upon entering each classroom in addition to everyone washing hands once per hour!



We kill germs.



FABULOUS FRIDAY

Each Friday of the month we are inviting you to show your Lighthouse Spirit by dressing up with each theme of the week! Each week will vary in themes based off of the curriculum or community events!

July 2nd: Dress like a health physician or wear Red, White and Blue

July 10th: Dress like your favorite scientist

July 17th: Dress like an archeologist

July 24th: Wear your favorite dinosaur shirt

July 31st: Wear your rain gear

July 2020



A LOOK INTO **E.X.S.T.R.E.A.M** SUMMER!

Wow! We had a blast last month in our preschool rooms learning all about code busting, wild things, botany, geology, and anatomy! This month we will dive into chemistry, archeology, paleontology and H2O! Be sure to ask your child what science experiments they conducted each week and all of the different "I-Chefs" they created!

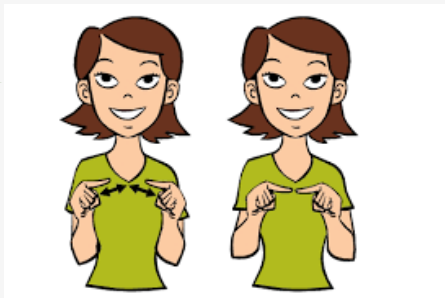
#LighthouseRocks

Behind the scenes we have been extra busy partnering with local businesses to bring you #LighthouseRocks. This new and exciting community project will be launching sometime this month! Stay tuned for details!



Insight into Innovations

This month our infant and toddlers will be learning the concepts of inside/outside! We will be exploring many sensory activities such as warm water vs cold water! We will also be discussing opposites such as hard vs soft! The infants and toddlers will also be learning sign language for hurt. Be sure to follow our Facebook and Instagram for additional pictures and videos!



Hurt