

# What's on the Menu?

WEEK 1 May 18 <sup>th</sup> – 22 <sup>nd</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Self Serve Snack</b> 6:00 a.m. – 7:30 a.m.	Nutrigrain Bar	Fruit Cup	Poptart	Applesauce	Bananas
<b>Breakfast</b> 9:00 a.m.	Waffles Pineapples Milk	Cheerios Bananas Milk	Cinnamon Oatmeal Toast Milk	Egg Omelets Hashbrowns Milk	Cheese Toast Strawberries Milk
<b>Lunch</b> 11:00-11:30 Varies by age group	Vegetarian Lasagna Bread Sticks Pears Milk	Fish Sticks Peas Oranges Milk	Chicken Cheese Pizza Corn Watermelon Milk	Orange Chicken Brown Rice Broccoli Pineapples Milk	Turkey & Cheese Sandwich Salad Peaches Milk
<b>PM Snack</b>	Crackers Sun Butter Water	Applesauce Water	Cucumbers W/Ranch Water	Yogurt Parfait Water	Vanilla Pudding Water
Week 2 May 25 <sup>th</sup> – 29 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Self Serve Snack</b> 6:00 a.m. – 7:30 a.m.	Blueberry Muffins	Yogurt	Poptarts	Cinnamon Rolls	Fruit Cup
<b>Breakfast</b> 9:00 a.m.	Bagel W/Cream Cheese Blueberries Milk	Scrambled Eggs Cheese Grits Milk	Pancakes Strawberries Milk	Turkey Sausage Hashbrowns Milk	Biscuit W/Jelly Bananas Milk
<b>Lunch</b>	Meatloaf Mashed Potatoes Green Beans Watermelon Milk	Chicken Alfredo Broccoli Mixed Fruit Milk	5 Bean Soup Corn Bread Peaches Milk	Cheeseburger Sweet Potato Tots Oranges Milk	Chicken & Cheese Wrap Corn Bananas Milk
<b>PM Snack</b>	Breadsticks W/Marinara Water	String Cheese & Crackers Water	Turkey Roll Ups Water	Apple Bread Water	Hummus & Crackers Water
Week 3 June 1 <sup>st</sup> – 6 <sup>th</sup>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Self Serve Snack</b> 6:00 a.m. – 7:30 a.m.	Nutrigrain Bar	Fruit Cup	Applesauce	Cinnamon Rolls	Bananas
<b>Breakfast</b> 9:00 a.m.	French Toast Sticks Peaches Milk	Cheerios Sliced Oranges Milk	Biscuit Turkey Sausage Milk	Egg Omelet Toast Milk	Blueberry Muffins Yogurt Milk
<b>Lunch</b>	Chicken Nuggets Mashed Potatoes Peas Pears Milk	Beef & Cheese Ravioli Green Beans Sliced Apples Milk	Spaghetti W/Meat Sauce Mixed Veggies Bananas Milk	Broccoli Cheese Casserole W/Chicken Pineapples Milk	BBQ Meat Ball Sub Sweet Potato Tots Watermelon Milk
<b>PM Snack</b>	Soft Pretzels W/Cheese Sauce Water	Fruit Cup Water	Graham Crackers Sun Butter Water	Pumpkin Bread Water	String Cheese Oranges Water