

# Week A Menu

Date



Weekday	AM Snack	Lunch	PM Snack
Monday	Pancakes with syrup and Applesauce	Chicken pot pie with Mixed vegetables and Mandarin oranges	Veggie Straws
Tuesday	Bagel with Cream Cheese	Soft beef tacos with shredded lettuce and cheese, Beans and Corn and Pineapple	Nutrigrain Bar
Wednesday	Whole grain cereal with Bananas	Cheese pizza, Garden salad with ranch and Peaches	Chex Mix
Thursday	Cinnamon toast and Oranges	Chicken alfredo, Broccoli and Mixed fruit	Goldfish
Friday	Yogurt and Bananas	Bean and cheese burrito, Green beans and Tropical fruit Mixed fruit for younger classrooms	Cheese and Crackers

Vegetarian adjustment	Vegetarian adjustment
Veggie nuggets	
Veggie beef crumbles	
No adjustment	
Omit chicken	
No adjustment	

# Week B Menu



Date

Weekday	AM Snack	Lunch	PM Snack
Monday	Waffles with syrup and Peaches	Turkey and cheese wrap, Tater tots and Applesauce	Cheez-its
Tuesday	Breakfast pizza	Spaghetti and Meatballs, Garden salad with ranch and Mixed fruit	Apple slices and Cheese Applesauce for younger classrooms
Wednesday	English Muffin and Egg	Chicken nuggets, Tater tots and Pears	Vanilla Wafers
Thursday	Cinnamon raisin biscuit	Cheesy broccoli chicken and rice and Pineapple	Yogurt and Graham Crackers
Friday	Cinnamon sugar oatmeal	Grilled cheese sandwich, Chicken noodle soup and Mandarin oranges	Pirate Booty

Vegetarian adjustment	Vegetarian adjustment
Omit Turkey	
Replace Breakfast pizza with Whole grain cereal	Omit Meatballs, add Marinara
Veggie nuggets	
Omit Chicken	
Replace Chicken noodle soup with Vegetable	

# Week C Menu

Date



Weekday	AM Snack	Lunch	PM Snack
Monday	Toast with jelly and Oranges	Beef steak fingers, Mashed potatoes and Pears	Chex mix
Tuesday	Blueberry muffin	Chicken and cheese quesadilla, Carrots and Applesauce	Yogurt
Wednesday	Turkey bacon and Egg	Turkey pepperoni pizza, Corn and Peaches	Cheese and Crackers
Thursday	Whole grain cereal and Bananas	Breaded fish sticks, Sweet potato fries and Mandarin oranges	Granola bar
Friday	Oatmeal	Chicken pasta salad and Mixed fruit	Veggie straws

Vegetarian adjustment	Vegetarian adjustment
Veggie nuggets	
Omit Chicken	
Replace Turkey bacon and egg with Whole grain cereal	Replace Turkey pepperoni pizza with Cheese pizza
Veggie nuggets	
Omit chicken	

# Week D Menu



Date

Weekday	AM Snack	Lunch	PM Snack
Monday	Turkey sausage and Biscuit	Macaroni and cheese with turkey, Peas and carrots and Mandarin oranges	String cheese and Pretzels Ritz crackers for younger rooms
Tuesday	Cinnamon roll and Apple slices Applesauce for younger classrooms	Baked beef ravioli, Green beans and Applesauce	Graham crackers and Oranges
Wednesday	French toast with syrup and Bananas	Chicken nuggets, Corn and Peaches	Teddy grahams
Thursday	Nutrigrain bar	BBQ chicken sandwich, Broccoli and Mixed fruit	Cheez-its
Friday	Cheese toast and Pears	Teriyaki chicken and rice, Mixed vegetables and Tropical fruit Mixed fruit for younger classrooms	Carrots and ranch Ritz crackers for younger rooms

Vegetarian adjustment	Vegetarian adjustment
Omit turkey	
Replace beef ravioli with Cheese ravioli	
Veggie nuggets	
Replace BBQ chicken sandwich with Cheese quesadilla	
Omit chicken	