



# Children's Lighthouse Valley Parkway Menu

## WEEK A

## WEEK B

## WEEK C

<b>MONDAY</b>	<u><b>Morning Snack</b></u> Biscuit with Jelly	<u><b>Morning Snack</b></u> Waffles w/Syrup	<u><b>Morning Snack</b></u> Yogurt & Graham Crackers
	<u><b>Lunch</b></u> Cheese Pizza Salad w/ranch Mandarin Oranges	<u><b>Lunch</b></u> Fish Sticks Corn Pears	<u><b>Lunch</b></u> Chicken Alfredo Pasta Green Beans Mixed Fruit
	<u><b>Afternoon Snack</b></u> Carrot Sticks w/Ranch	<u><b>Afternoon Snack</b></u> Graham Crackers & Yogurt	<u><b>Afternoon Snack</b></u> Pretzels
<b>TUESDAY</b>	<u><b>Morning Snack</b></u> Nutri Grain Cereal Bar	<u><b>Morning Snack</b></u> Cinnamon Sugar Bagels	<u><b>Morning Snack</b></u> Cinnamon Toast
	<u><b>Lunch</b></u> Chicken Nugget Mashed Potatoes Diced Pears	<u><b>Lunch</b></u> Meatballs w/Brown Gravy Mashed Potatoes Diced Peaches	<u><b>Lunch</b></u> Steak Fingers Mashed Potatoes Apple Sauce
	<u><b>Afternoon Snack</b></u> Goldfish Crackers	<u><b>Afternoon Snack</b></u> Trail Mix	<u><b>Afternoon Snack</b></u> Godfish Crackers
<b>WEDNESDAY</b>	<u><b>Morning Snack</b></u> French Toast Sticks w/Syrup	<u><b>Morning Snack</b></u> Pancakes w/Syrup	<u><b>Morning Snack</b></u> Sausage Biscuit
	<u><b>Lunch</b></u> Grilled Cheese Tomato Soup Diced Pears	<u><b>Lunch</b></u> Cheese Burger Macaroni Green Beans Apple Slices	<u><b>Lunch</b></u> Cheese Pizza Salad Mix w/Ranch Pineapple Tidbits
	<u><b>Afternoon Snack</b></u> Pretzels w/ String Cheese	<u><b>Afternoon Snack</b></u> Goldfish Crackers	<u><b>Afternoon Snack</b></u> Gogurt w/Grahm Crackers
<b>THURSDAY</b>	<u><b>Morning Snack</b></u> Sausage Biscuit	<u><b>Morning Snack</b></u> Bagels With Cream Cheese	<u><b>Morning Snack</b></u> Cereal w/ Milk
	<u><b>Lunch</b></u> Bean & Cheese Burrito Corn Pineapple Tidbits	<u><b>Lunch</b></u> Baked Beans w/ Diced Turkey Franks Biscuit Diced Carrots	<u><b>Lunch</b></u> Macaroni and Chees w/ Diced Turkey Franks Peas Diced Peaches
	<u><b>Afternoon Snack</b></u> Oatmeal Cookies W/Milk	<u><b>Afternoon Snack</b></u> Mandarin Oranges Animal Crackers	<u><b>Afternoon Snack</b></u> Cheez-it crackers
<b>FRIDAY</b>	<u><b>Morning Snack</b></u> Yogurt & Graham Crackers	<u><b>Morning Snack</b></u> Waffles w/Syrup	<u><b>Morning Snack</b></u> Blueberry Muffins
	<u><b>Lunch</b></u> Hamburger w/Cheese Tator Tots Fresh Oranges	<u><b>Lunch</b></u> Turkey and Cheese Sandwich Sun Chips Apple Slices	<u><b>Lunch</b></u> Breaded Chicken Sandwich Tator Tots Apple Slices
	<u><b>Afternoon Snack</b></u> Saltine Crackers w/Sliced Cheese	<u><b>Afternoon Snack</b></u> Vanilla Wafers	<u><b>Afternoon Snack</b></u> Pretzels w/String Cheese

Water is provided for Lunch and Snacks. Milk is provided at Lunch.