



CHILDREN'S

L I G H T H O U S E

EARLY LEARNING SCHOOL

WEEK A	<p>Monday MS= Biscuits w/ Jelly L=Rice Pilaf w Chicken Baby Carrots Pineapples Milk S=Cheese Itz and Fruit</p>	<p>Tuesday MS= Waffles w/ Fruit L= Cheese Enchiladas Black Beans Peaches Milk S= Graham Crackers and Fruit</p>	<p>Wednesday MS= Buttered Wheat Toast w/ Jelly and Milk L= Fish Sticks Mashed Potato Mixed Fruit Milk S= Cheese Slices w/ Crackers</p>	<p>Thursday MS= Nutri grain Cereal Bar and Milk L=Beef Lasagna Green Beans Oranges Milk S= Vanilla Wafers and Pudding</p>	<p>Friday MS= Cereal and Milk L=Toasted Ham and Cheese Sandwich Fresh Salad w/ Ranch Pineapple Milk S= Trail Mix and Fruit</p>
WEEK B	<p>Monday MS= French Toast Sticks w Fruit L=Vegetable Beef Stew Apple Slices Warm Roll Milk S= Animal Crackers and Go-gurts</p>	<p>Tuesday MS= Cinnmon Rolls and Bananas L=Chicken Nuggets Sweet Potato Fries Peaches Milk S= Pretzels and Mozzarella Cheese</p>	<p>Wednesday MS= Raisin Bread w/ Cream Cheese L=Chicken Pasta Salad Pineapple Crackers Milk S= Fig Bars and Milk</p>	<p>Thursday MS= Blueberry Muffins and Milk L=Bean/Cheese Tacos Fresh Salad w/ Ranch Mixed Fruit Milk S= Veggie Sticks and Fruit</p>	<p>Friday MS=Cereal and Milk L=Cheese Pizza Roasted Vegetables Buttered Corn Milk S= Rice Krispies and Fruit</p>
WEEK C	<p>Monday MS= Cereal w/ Milk L=Chicken Casserole w/ Cream of Mushroom Pineapple and Milk S= Strawberry Cookies and Milk</p>	<p>Tuesday MS=Buttered Wheat Toast w/ Jelly L=Bean/Cheese Tostadas / Veg. Soup Oranges Milk S=Crackers and Cream Cheese</p>	<p>Wednesday MS= Waffles w/ Fruit L= Beef w/ Potatoes Fresh Salad w/ Ranch Peaches / Milk S= Goldfish and Cranberries</p>	<p>Thursday MS= Sausage Biscuit L=Chicken Sandwich on Wheat Bread French Fries Applesauce / Milk S= Apples w/ Sun Buter</p>	<p>Friday MS=Cereal and Milk L=Grilled Cheese Sandwich Tomato Soup Mixed Fruit and Milk S= Graham Crackers and Mozzarella Cheese</p>