

WK: 1/3 – 1/7 WK: 1/24-1/28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
PM Snack	Cheese Its Water	Graham Crackers Water	Pretzels Water	Vanilla wafers Water	Yogurt Water
WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled Eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	Turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

- > All meals are baked, not fried
- > Vegetarian meal options available
- > Fresh fruits served when possible
- Proteins include chicken, turkey and cheese
- ➤ Milk is served at breakfast and lunch (whole milk for children 12 24 months old)
- Water is available through the day and offered with each meal



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WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
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Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
PM Snack	Cheese Its Water	Graham Crackers Water	Pretzels Water	Vanilla wafers Water	Yogurt Water
WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

- > All meals are baked, not fried
- > Vegetarian meal options available
- > Fresh fruits served when possible
- Proteins include chicken, turkey and cheese
- ➤ Milk is served at breakfast and lunch (whole milk for children 12 24 months old)
- Water is available through the day and offered with each meal



WK: 1/3 – 1/7 WK: 1/24-1/28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
PM Snack	Cheese Its Water	Graham Crackers Water	Pretzels Water	Vanilla wafers Water	Yogurt Water
WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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WK: 1/3 – 1/7 WK: 1/24-1/28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
PM Snack	Cheese Its Water	Graham Crackers Water	Pretzels Water	Vanilla wafers Water	Yogurt Water
WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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WK: 1/3 – 1/7 WK: 1/24-1/28	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
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WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
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WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
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WK: 1/10-1/14 WK: 1/31-2/4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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Breakfast	Bagel W/Cream Cheese Mandarin Oranges Milk	Egg Omelet Toast Milk	Pancakes Pears Milk	Cinnamon Rolls Banana Milk	Biscuit Turkey Sausage Milk
Lunch	Chicken Nuggets Sweet potato tots Pears Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Spaghetti Peaches Milk	Teriyaki Chicken w/Rice Orange Broccoli Milk	Cheese Quesadilla Carrots Bananas Milk
PM Snack	Cheese Its Water	Graham Crackers Water	Pretzels Water	Vanilla wafers Water	Yogurt Water
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Breakfast	Fruit Loops Pineapples Milk	Biscuit Turkey Sausage Milk	Scrambled eggs Toast Milk	Waffles Strawberries Milk	Blueberry Muffins Banana Milk
Lunch	Mac & Cheese Corn Fresh Fruit Milk	Steak Fingers Green Beans Cantaloupe Milk	Chicken & Cheese Pizza Oranges Milk	turkey meatballs subs Broccoli Pineapples Milk	Turkey/Cheese roll ups Carrots Fresh fruit Milk
PM Snack	Applesauce Water	Yogurt Water	Goldfish Water	String Cheese & Crackers Water	Cheese Its Water
WK: 1/17-1/21 WK: 2/7-2/11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Scrambled eggs Toast Milk	Bagel W/Cream Cheese Pears Milk	Fruit Loops Mandarin Oranges Milk	Sausage English Muffins Milk	Cheese Toast Strawberries Milk
Lunch	Spaghetti Pears Milk	BBQ Chicken Sweet potato tots Peaches Milk	Chicken Nuggets Corn Mixed Fruit Milk	turkey meatballs sub Green Beans Oranges Milk	Cheese Pizza Corn Bananas Milk
PM Snack	Ritz Crackers Cheese Cubes Water	Graham Crackers Water	Applesauce Water	Pretzels Water	Animal Crackers Water

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- ➤ Milk is served at breakfast and lunch (whole milk for children 12 24 months old)
- Water is available through the day and offered with each meal