

# MENU 2017

| WEEK A                    | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|---------------------------|--|---|--|--|---|
| <b>AM<br/>Power Snack</b> | Yogurt & Graham Crackers                                       | Waffles w/ Syrup  | French Toast Sticks w/ Syrup                                 | Soft Baked Granola Bar                                   | Egg & Buttermilk Biscuit  |
| <b>Lunch</b>              | Turkey Hot Dog<br>Sliced Pickles<br>Tator Tots<br>Navel Orange | Steak Fingers<br>Mashed Potatoes<br>Applesauce                              | Baked Alfredo Noodles with Chicken<br>Green Beans<br>Peaches | Beef & Bean Burrito<br>Corn Pineapple                    | Cheese Pizza<br>Tossed Salad with Salad Dressing<br>Mixed Fruit |
| <b>PM Snack</b>           | Carrots w/ Ranch & Crackers                                    | String Cheese & Crackers  | Pretzels & Apple Slices                                      | Soft Baked Cookies                                       | Turkey & Cheese Sandwiches                                      |
| WEEK B                    | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
| <b>AM<br/>Power Snack</b> | French Toast with Syrup  | Applesauce and Graham Crackers  | Buttermilk Biscuits with Grape Jelly                         | Egg & Hash Brown   | Soft Baked Granola Bar  |
| <b>Lunch</b>              | Fish Sticks<br>Corn<br>Peaches                                 | Meatballs with Brown Gravy<br>Wheat Bread<br>Mashed Potatoes<br>Mixed Fruit | Baked Spaghetti with Meat Sauce<br>Mixed Vegetables<br>Pears | Grilled Cheese & Tomato Soup<br>Mixed Fruit              | Hamburger<br>Sliced Pickles<br>French Fries<br>Fresh Banana     |
| <b>PM Snack</b>           | Teddy Grahams  | Mozzarella String Cheese & Saltine Crackers                                 | Goldfish Crackers  | Soft Fruit Cereal Bar & Apple Slices                     | Pudding with Vanilla Wafers                                     |
| WEEK C                    | Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
| <b>AM<br/>Power Snack</b> | Cinnamon Wheat Toast & Applesauce                              | Bagels and Cream Cheese   | Sausage w/Biscuit  | Cereal Bars & Apple Slices                               | Pancakes w/ Syrup   |
| <b>Lunch</b>              | Cheeseburger<br>Macaroni Carrots<br>Mixed Fruit                | Chicken Nuggets<br>Mashed Potatoes<br>Corn Oranges                          | Cheese Pizza<br>Mixed Vegetables<br>Pineapple                | Chicken Sandwich<br>Sliced Pickles<br>Sweet Potato Fries | Turkey Rice Green Beans<br>Fresh Apple Slices                   |
| <b>PM Snack</b>           | Fresh Orange Slices & Graham Crackers                          | Animal Crackers   | Gogurt & Graham Crackers                                     | Cheez-it Crackers  | String Cheese & Crackers  |

Milk and water is provided for lunch. Water is provided for snacks.

Breakfast is served from open to 7:15am. (Serving cereal and milk)

Substitutions are provided for children under 24 months old.

Menus are subject to change: please look for postings.