

Week A Menu



Week of: 10/6/2025

| Weekday | AM Snack | Lunch | PM Snack | Vegetarian adjustment |
|-----------|---|---|---------------------------|-----------------------|
| Monday | Waffles, blueberries, milk | Turkey & Cheese on whole wheat bread, cucumber and carrots mix, appleslices or applesauce, milk | Animal crackers and water | Cheese sandwich |
| Tuesday | Kix cereal, Bannas, Milk | Mac & Cheese, green beans, whole wheat bread, pears, and milk | Fig Newtons and water | |
| Wednesday | Biscuits with grape jelly, pears, milk | Chicken Nuggets, green beans, whole grain bread, pineapples, and milk | Pretzels and water | Veggie Nuggets |
| Thursday | Yogurt, mixed fruit, and milk | Spaghetti w/veggie meat sauce, broccoli, garlic bread, peaches, and milk | Graham crackers and water | |
| Friday | French toast sticks, mandarin oranges, milk | English muffin pizza, mixed fruit, mixed vegetables, milk | Goldfish and water | |