

Snack Menu

NO FRIED FOODS!!

Monday, May 6, 2019	Tuesday, May 7, 2019	Wednesday, May 8, 2019	Thursday, May 9, 2019	Friday, May 10, 2019
HOK Granola Cereal and Market Fruit V, Vegan, DF, EF, GF	HOK Cinnamon Bread and HOK Yogurt V	HOK Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Cheddar Biscuit and Market Fruit V, EF	HOK Banana Bar and Market Fruit V, EF
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Tomato Wedges V, EF, GF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, May 13, 2019	Tuesday, May 14, 2019	Wednesday, May 15, 2019	Thursday, May 16, 2019	Friday, May 17, 2019
HOK Fruit Muffin and Market Fruit V	Bagels and Cream Cheese V, EF	HOK French Toast and HOK Compote V	HOK Biscuits and Gravy EF	HOK Yogurt and Market Fruit V, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF	Turkey Cubes and HOK Applesauce DF, EF	Pretzels and HOK Sunbutter V, Vegan, DF, EF	HOK Granola Bar and Market Fruit V, Vegan, DF, EF, GF	HOK Ranch, Cucumbers, and Flatbread V
Monday, May 20, 2019	Tuesday, May 21, 2019	Wednesday, May 22, 2019	Thursday, May 23, 2019	Friday, May 24, 2019
HOK Granola Cereal and Market Fruit V, Vegan, DF, EF, GF	HOK Cinnamon Bread and HOK Yogurt V	HOK Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Cheddar Biscuit and Market Fruit V, EF	HOK Apple Bar and Market Fruit V, EF
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Tomato Wedges V, EF, GF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, May 27, 2019	Tuesday, May 28, 2019	Wednesday, May 29, 2019	Thursday, May 30, 2019	Friday, May 31, 2019
HOK Fruit Muffin and Market Fruit V	Bagels and Cream Cheese V, EF	HOK Pancakes and HOK Compote V	Turkey Ham and Cheese Biscuits EF	HOK Yogurt and Market Fruit V, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF	Turkey Cubes and HOK Applesauce DF, EF	Pretzels and HOK Sunbutter V, Vegan, DF, EF	HOK Granola Bar and Market Fruit V, Vegan, DF, EF, GF	HOK Ranch, Cucumbers, and Flatbread V