

Week E Menu



Week of: April 29th - May 3rd

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Blueberry Muffins and a Banana. Served with Milk	Grilled Cheese Sandwich, Peas and Carrots, Peaches, Served with Milk	Gold Fish Crackers. Served with Water	Replace Chicken with Cheese Sandwich
Tuesday	French Toast Sticks with Syrup, and Strawberries. Served with Milk	Sweet and Sour Meatballs (Sweet and Dour, Grape Jelly), White Rice, Pineapples. Served with Milk	Nurtigrain Bar. Served with Water	Veggie Balls
Wednesday	Mini Biscuits, Chicken Bites, and Hashbrowns. Served with Milk	Breaded Chicken Sandwich, Tater Tots, Pears. Served with Milk	String Cheese and Ritz Crackers. Served with Water	Replace Chicken with Veggie Patty
Thursday	Crescent Rolls, Turkey Sausage, and Apple Sauce (apple Sauce for Infants). Served with Milk	Make your own Pizza Day: Choice of Pizza, Turkey Pepperoni, Bell Peppers, and Cheese. Side of Carrots, and Pineapples. Served with Milk	Trail Mix: Chex Mix, Dry Cereal, Chocolate Chips, Pretzels. Served with Water	No adjustment
Friday	Oatmeal and Blueberries. Served with Milk	Chicken Crisпитos, Mixed Veggies, and Mandrain Oranges	Yogurt and Graham Crackers. Served with Water.	Omit Chicken

Unflavored Whole Milk & Water will be served to children 12-24 months old.

Unflavored 1% Milk & Water will be served to children 2-12 years old.

Trinity Falls 2/2024

Week A Menu



Week of: May 6th - 10th

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Multi-grain Bagel with Cream Cheese and Mixed Fruit Cocktail Served with Milk	Cheese Pizza, Salad, and Apple Slices (apple sauce for Inf/Tod), Served with Milk	Pretzel Thins, Raisins, Mini Marshmallows, and Fresh Fruit. Served with Water	No adjustment
Tuesday	Waffles with Syrup and Strawberries. Served with milk	Chicken and Cheese Soft Tacos, Black Beans, and Oranges. Served with Milk	Gold Fish and Fresh Fruit. Served with Water	Omit Chicken on taco
Wednesday	Blueberry Muffin and Banana. Served with Milk	Chicken nuggets, Peas and Corn, with Diced Melon. Served with Milk	Veggie Straws and Fresh Fruit. Served with Water	Replace Chicken with cheese sandwich
Thursday	Cherrios and a Mandarin Oranges. Served with Milk	Chicken alfredo with Corn, fresh fruit Served with Milk	Mild Cheddar Cheese and Crackers. Served with Water	Omit meat and add Cheese to pasta
Friday	Multi-grain English Muffin and Jelly. Served with Milk	Mash Potatoes, Meatballs, and Orange slices. Served with Milk	Vanilla Wafers and Fresh Fruit. Served with Water	Cheese sandwich

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Trinity Falls 2/2024

Week B Menu



Week of: May 13th - 17th

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Whole wheat toast with jam, and Bananas. Served with Milk	Teriyaki Chicken with Broccoli and Rice, and a side of Pineapple Served with Milk	Cheese Sticks with Whole Wheat Crackers. Served with Water	Replace chicken diced veggie patty
Tuesday	Pancakes with syrup, and Blueberries. Served with Milk	Chicken alfredo and Mix Veggies, with Apple slices. Served with Milk	Bread Sticks with Marinara Sauce. Served with Water	Omit chicken
Wednesday	Oatmeal and Strawberries. Served with Milk	Cheeseburgers, Greenbeans, and Watermelon. Served with Milk	Graham Crackers and Yogurt. Served with Water	Use Veggie patty instead of Beef
Thursday	Turkey Sausage Biscuit and Fresh Fruit of Chef's Choice. Served with Milk	Macaroni and Cheese with diced Turkey, Green Beans and Mandarin Oranges. Served with Milk	Chex Mix and Apple Slices Served with Water	Replace Sausage with Sun Butter, omit turkey
Friday	French Toast Sticks with Syrup, and Cantaloupe. Served with Milk	Taco Bowl: Spanish Rice, Black Beans, Corn, Diced Tomato, Shredded Cheese with Apple Slices. Served with Milk	Bananas with Whole Grain Oatmeal Cookie. Served with Water	No adjustment

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Trinity Falls 2/2024

Week C Menu



Week of: May 20th - 24th

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Whole Grain Bagel with Cream Cheese, and Blueberries Served with Milk	Meatballs, Mashed Potatoes, Green Beans, and Orange Slices. Served with Milk	Nilla Waffers and Banana Pudding, Served with Water	Replace meatballs with veggie patty
Tuesday	Cereal and Bananas Served with Milk	Cheese Pizza, Broccoli, and Applesauce (No added sugar). Served with Milk	Pretzel Thins, Raisins, Mini Marshmallows. Served with Water	No adjustment
Wednesday	Whole Wheat Cheese Toast and Melon. Served with Milk	Spaghetti, Green beans and Peaches. Served with Milk	Cucumber and Bell Pepper slices with Ranch Dip. Served with Water	No adjustment
Thursday	Biscuit with Jelly. Served with Milk	Chicken Pasta Bake (Chicken, macaroni, marinara sauce, and shredded cheese), Chopped salad (Lettuce, tomato, shredded carrots, and Ranch). Served with Milk	Cheese and Crackers. Served with Water	Omit chicken
Friday	French Toast Sticks with Sryup, and Strawberries. Served with Milk	Cheese Quesadilla, Black Beans, and Corn. Served with Milk	Multi Grain Bars. Served with Water	No adjustment

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Trinity Falls 2/2024

Week D Menu



Week of: May 27- May 31st

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Whole Grain English Muffin with Sunbutter. Served with Milk	Chicken nuggets, Peas and Corn, with Diced Melon. Served with Milk	Carrot Chips and Ranch. Served with Water	Replace Chicken with Cheese Sandwich
Tuesday	Blueberry Muffins and Banana. Served with Milk	Spaghetti, Sweet Peas, Mandarin Oranges. Served with Milk	Flat Bread and Sunbutter. Served with Water	No adjustment
Wednesday	Granola and Yogurt. Served with Milk	Barbeque Chicken Sandwich, Pickles, Baked Beans, and Orange Slices. Served with Milk	Crackers with Mild Cheddar Cheese Served with Water	Replace Chicken with Veggie Patty
Thursday	Crescent Rolls and Turkey Sausage, and Apple Sauce. Served with Milk	Cheese Ravoli with Marinara Sauce with Green Beans and Orange Slices. Served with Milk	Graham Crackers and Bananas. Served with Water	No adjustment
Friday	Oatmeal and Blueberries. Served with Milk	Chicken Fettucini Alfredo, Green Beans, Garlic Toast, Diced Melon. Served with Milk	Pretzels and Mandarin Oranges. Served with Water	No adjustment

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