



May Lunch

NO FRIED FOODS!!

Monday, May 5, 2025	Tuesday, May 6, 2025	Wednesday, May 7, 2025	Thursday, May 8, 2025	Friday, May 9, 2025
Italian Meatball Sub Mini Hoagie Peas and Carrots Cantaloupe <u>V, Vegan, DF, EF, GF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>	Turkey Paella - <u>DF, EF, GF</u> Turmeric Rice Cauliflower Bananas <u>V, Vegan: Tofu Paella</u>	Pasta Alfredo - <u>V, EF</u> Pasta Broccoli Honeydew <u>DF, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>	Chicken Chickpea Gyros - <u>EF</u> Pita Bread Green Beans Watermelon <u>V, Vegan, DF: Chickpea and Veggie Gyros</u> <u>GF: Whole Grain Brown Rice</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, May 12, 2025	Tuesday, May 13, 2025	Wednesday, May 14, 2025	Thursday, May 15, 2025	Friday, May 16, 2025
Creamy Pesto Pasta - <u>V, EF</u> Pasta Sliced Carrots Honeydew <u>DF, Vegan: DF Pesto Pasta w/ Vegan Cheese</u> <u>GF: GF Creamy Pesto Pasta</u>	Cheesy Chicken Broccoli - <u>EF, GF</u> Whole Grain Brown Rice Broccoli Bananas <u>DF: DF Chicken Broccoli Casserole</u> <u>V, Vegan: Tofu Broccoli Casserole</u>	Turkey Lentil Sloppy Joes - <u>DF, EF</u> Dinner Roll Cauliflower Pineapple <u>V, Vegan: Lentil & Bean Sloppy Joe</u> <u>GF: White Rice</u>	Red Pepper Turkey - <u>EF, GF</u> Whole Grain Brown Rice Zucchini and Squash Watermelon <u>V, Vegan: Tofu w/ DF Sauce</u> <u>DF: Turkey w/ DF Sauce</u>	Chicken Parmesan Sub - <u>EF</u> Mini Hoagie Green Beans Fruit Salad <u>V, Vegan, DF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>
Monday, May 19, 2025	Tuesday, May 20, 2025	Wednesday, May 21, 2025	Thursday, May 22, 2025	Friday, May 23, 2025
Teriyaki Meatballs Vegetable Rice Honeydew <u>V, Vegan: Tofu Teriyaki</u> <u>DF, EF, GF: Chicken Teriyaki</u>	Chicken Fajitas - <u>DF, EF</u> Flour Tortillas Cauliflower Bananas <u>V, Vegan: Bean Fajitas</u> <u>GF: Corn Tortilla</u>	Pasta w/ Meat Sauce - <u>DF, EF</u> Pasta Sliced Carrots Cantaloupe <u>V, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: Entrée w/ GF Pasta</u>	BBQ Chicken Quinoa - <u>DF, EF</u> Dinner Roll Broccoli Watermelon <u>V, Vegan: BBQ Tofu</u> <u>GF: Whole Grain Brown Rice</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, May 26, 2025	Tuesday, May 27, 2025	Wednesday, May 28, 2025	Thursday, May 29, 2025	Friday, May 30, 2025
Mega Mac & Cheese - <u>V, EF</u> Pasta Peas and Carrots Cantaloupe <u>GF: GF Pasta w/ Cheese Sauce</u> <u>Vegan, DF: Cheesy Vegan Pasta</u>	Taco Tuesday! - <u>EF</u> Flour Tortillas Lettuce, Salsa Bananas <u>V, Vegan: Veggie & Bean Taco</u> <u>GF: Corn Tortilla</u>	Maui Chicken - <u>DF, EF, GF</u> White Rice Broccoli Pineapple <u>V, Vegan: Maui Tofu</u>	Cheesy Chicken Philly - <u>EF</u> Mini Hoagie Green Beans Watermelon <u>DF: DF Chicken Philly</u> <u>V, Vegan: White Bean Philly</u> <u>GF: White Rice</u>	Pepperoni Pizza Pasta - <u>EF</u> Pasta Sliced Carrots Fruit Salad <u>V, Vegan, DF: Veggie Pizza Pasta</u> <u>GF: GF Pepperoni Pizza Pasta</u>

All meals prepared in a facility that handles wheat and wheat-based products