Meals	Monday	Tuesday	Wednesday	Thursday	Friday
May 1-3 Breakfast			French Toast Sticks, mandarin oranges & milk	Nutra Grain Bars, bananas & milk	Pancakes, blueberries & milk
Lunch			Sun Butter & Jelly on whole grain bread , green beans, pears, & milk	Chicken Alfredo, broccoli, garlic bread, peaches, &milk V: Plain Alfredo	Cheese Pizza, mixed vegetables mixed fruit & milk
Snack			Pretzels & water	Goldfish & water	Animal Crackers & water
May 6-10 Breakfast	Whole grain cheerios, bananas & milk	Bagels with Cream Cheese, Peaches & Milk	Whole grain pancakes, pears & milk	Nutra grain bars, honeydew, cantaloupe & milk	Biscuits with fruit spread, applesauce & milk
Lunch	Whole wheat Spaghetti, red sauce, veggie meatballs, garlic bread, broccoli & milk	Turkey and cheese sandwich, cucumber & carrot slices, apple slices/applesauce & milk	Yellow Rice, black beans, whole grain bread, peaches & milk	Chicken Patty on whole wheat bun, mashed potatoes, bananas & milk	Sun Butter and Jelly on whole wheat bread, mixed fresh fruit, mixed vegetables & milk
Snack	Yogurt, Strawberries & water	V: cheese sandwich	Animal crackers & water	V: Veggie Patty Graham crackers & water	Goldfish & water
		Veggie straws & water		Granam Crackers & Water	Golulish & Water

V: Vegetarian Option

May 13-17 Breakfast	Chex Cereal, Bananas & Milk	Whole Grain Pancakes, Strawberries & Milk	Nutra grain bars, pears & milk	French toast sticks, oranges & milk	Toasted bagel with cream cheese, strawberries & Milk
Lunch	Grilled cheese on whole grain bread, mixed vegetables, applesauce & Milk	Cheese Ravioli, Green Beans, Garlic Bread, mandarin oranges & Milk	Turkey and cheese sandwich, cucumber & carrot slices, apple slices & milk	Vegetarian beans, broccoli, pears, whole grain bread & Milk	Chicken nuggets, sweet potatoes, whole grain bread, mixed fruit & Milk
Snack		Yogurt & Water	V: Cheese Sandwich		V: veggie nuggets
	Veggie Straws & Water		Graham Crackers & Water	Animal Crackers & Water	Goldfish & water

May 20-24	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cheerios, bananas & milk	Whole grain waffles, strawberries & milk	Nutra grain bars, pineapples & milk	French toast sticks, oranges & milk	Pancakes, blueberries &
Lunch	Sun butter & Jelly on whole grain bread, mixed vegetables, applesauce & milk Veggie Straws & Water	Spaghetti with veggie meatballs, garlic bread, broccoli, peaches & milk Yogurt & water	Turkey and cheese on whole grain bread, cucumber and carrots slices, apples & milk V. Cheese Sandwich Cinnamon graham crackers and water	Chicken Sandwich on whole wheat bun, mashed potatoes, pears & milk V: Veggie Patty Cheese its & water	water Cheese Pizza on English Muffin, green beans, mixed fruit & milk Blueberry muffins & water
Snack					

V: Vegetarian Option

May 27- 31 Breakfast	CLOSED FOR MEMORIAL	Waffles, strawberries & milk	Nutra grain bars, oranges & milk	Bagels with cream cheese, applesauce & Milk	French toast sticks, oranges & milk
Lunch	DAY	Cheese pizza, green beans, pineapple & milk	Turkey and cheese on whole grain bread, cucumber and carrot slices, apples & milk V: Cheese Sandwich	Chicken Alfredo, garlic bread, green beans, peaches & milk V: Plain Alfredo	Yellow rice, black beans, whole grain bread, cantaloupe, honeydew & milk
Snack		Pretzels & water	Animal crackers & water	Cheese Its & water	Cinnamon graham crackers & Water