

Snack Menu

NO FRIED FOODS!!

Monday, March 2, 2026	Tuesday, March 3, 2026	Wednesday, March 4, 2026	Thursday, March 5, 2026	Friday, March 6, 2026
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Mango Chunks V, Vegan, DF, EF, GF	HOK Pancakes and Strawberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Peach Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Wisconsin Cheese Curds and Apple Slices V, EF, GF <u>Vegan, DF: Chickpea Puffs</u>	Cucumbers and HOK Dilly Dip V, EF, GF <u>Vegan, DF: HOK Hummus</u>	HOK Turkey Wraps DF, EF <u>V, Vegan: HOK White Bean Wrap GF: Corn Tortilla</u>	HOK Pumpkin Bread and Pears V, DF <u>Vegan, EF, GF: GF Vegan Pumpkin Bread</u>
Monday, March 9, 2026	Tuesday, March 10, 2026	Wednesday, March 11, 2026	Thursday, March 12, 2026	Friday, March 13, 2026
HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt Vegan: Organic Rice Crisps</u>	HOK Banana Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Cinnamon Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Organic Rice Crisps</u>	Maple Mini Waffles and HOK Peach Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Apple Cinnamon Granola Bar and Peaches V, Vegan, DF, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Cucumbers</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Pretzel Bites and HOK Cheese Dip V, EF <u>GF: GF Pretzels DF, Vegan: Sunbutter</u>	HOK Banana Oat Bites and Apple Slices V, Vegan, DF, EF, GF	Organic Tortilla Chips and HOK Spinach Dip V, GF <u>Vegan, DF, EF: HOK Salsa</u>
Monday, March 16, 2026	Tuesday, March 17, 2026	Wednesday, March 18, 2026	Thursday, March 19, 2026	Friday, March 20, 2026
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Honeydew V, Vegan, DF, EF, GF	French Toast and HOK Blueberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Strawberry Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Apple Slices V, EF, GF <u>Vegan, DF: Chickpea Puffs</u>	Cucumbers and HOK Ranch V, GF <u>Vegan, DF, EF: White Bean Dip</u>	Cottage Cheese and Peaches V, EF, GF <u>Vegan, DF: Cucumbers</u>	HOK Apple Butter Bread and Pears V, DF <u>Vegan, EF, GF: GF Vegan Pumpkin Bread</u>
Monday, March 23, 2026	Tuesday, March 24, 2026	Wednesday, March 25, 2026	Thursday, March 26, 2026	Friday, March 27, 2026
HOK Granola Cereal and HOK Blueberry Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt</u> <u>Vegan: Organic Rice Crisps</u>	HOK Banana Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Peach Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Organic Rice Crisps</u>	Biscuits and HOK Gravy EF <u>V, Vegan, DF, GF: HOK Apple Butter</u> <u>Vegan, DF, GF: GF Vegan Pancake</u>	HOK Apple Cinnamon Granola Bar and Peaches V, Vegan, DF, EF, GF
HOK Spinach Dip and Pita V <u>Vegan, DF, EF: White Bean Dip GF: Cucumbers</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Pretzels and HOK Sunbutter V, Vegan, DF, EF <u>GF: GF Pretzels</u>	HOK Banana Oat Bites and Apple Slices V, Vegan, DF, EF, GF	Organic Tortilla Chips and HOK Salsa V, Vegan, DF, EF, GF

Disclaimer: For a complete list of ingredients, please refer to the official ingredient list provided.
 All meals prepared in a facility that handles wheat and wheat-based products